

Gedarim. (Safeguards)

Posted by GYEmember - 10 Feb 2015 00:44

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My question is, do some gedarim ever become unnecessary once one gains greater self control?

I often have trouble right when I think I don't need a certain geder anymore, and I really do need it.

Any thoughts?

Thank you to anyone who takes the time and trouble to read and respond to this post.

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Re: Gedarim. (Safeguards)

Posted by skeptical - 10 Feb 2015 01:32

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Do the gedarim that the Rabbonim put in place for muktza on Shabbos (for example) ever get taken away?

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Re: Gedarim. (Safeguards)

Posted by Shakeitoff - 10 Feb 2015 01:41

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I'm new to this, but I think personally I'll always need some type of geder. Simple example: When I am feeling especially tense, I try to remember to keep my eyes down as I walk along. (Also helps me avoid stumbling in the physical sense.) Another one: I try to stand up and leave the computer before 9:00 each night -- although, honestly, I often stay on past then, which for me is risky.

I don't know that I'll ever be able to build up "will power" strong enough to resist inappropriate

behaviour. Anyway, if I understand the GYE material I've read properly, no one has strong enough "will power" to hold out forever, so we are all advised to find ways not to fight the urge head on, but instead to side-step it. Like an alcoholic who will not go to a bar, even to have a club soda, because it's just too hard to fight the urge.

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Re: Gedarim. (Safeguards)

Posted by shomer bro - 10 Feb 2015 02:05

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I'd say to keep the gedarim as long as possible, because all it takes is one slip to fall.

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Re: Gedarim. (Safeguards)

Posted by GYEmember - 10 Feb 2015 04:33

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Thank you all.

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Re: Gedarim. (Safeguards)

Posted by cordnoy - 10 Feb 2015 16:22

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Ditto to all of the above!

b'hatzlachah

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Re: Gedarim. (Safeguards)

Posted by doingtshuva - 11 Feb 2015 16:57

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I would say that we sometime learn that our old Gidurim don't work anymore, and we then go

looking for new and fresh ideas.

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We don't let go we add one