Generated: 26 July, 2025, 12:06

On reaching 90 dsys

Posted by cuidandome. - 29 Dec 2014 22:56

For many years I was working under the false premise (I guess I could of easily realize is false) that in as much as I don't see actual pornography, I'm ok.

Lust thoughts and not so shmutz-shmutz,

reading and watching was aloud. (actually,

ocassionaly, was pretty shmutzick). after

finding this amazing

place, some one help me to realize that any lust thoughts, in any

form and shape, is lust.

I just reach the 90 days, and I found amazing

how, even after so many days clean, every time i let the smallest crack open for a lustfull thought to come in, I

start seen everywhere triggers. I close that little crack, and again the world looks good and normal again. No matter 90 or not 90, you

can't never let go no even for a second.

====

Re: On reaching 90 dsys

Posted by belmont4175 - 30 Dec 2014 00:03

Mazel Tov to your 90+ may you continue on this path forever!

This Avodah is forever, we have to watch over our Neshamah at all times, however with working much it slowly becomes easier but we can NEVER remove the guard.

So, much Hatzlacha on your eternal trip to sobriety.

GYE - Guard Your Eyes Generated: 26 July, 2025, 12:06

====

Re: On reaching 90 dsys

Posted by stillgoing - 21 Dec 2015 23:30

cuidandome. wrote:

For many years I was working under the false premise (I guess I could of easily realize is false) that in as much as I don't see actual pornography, I'm ok.

Lust thoughts and not so shmutz-shmutz,

reading and watching was aloud. (actually,

ocassionaly, was pretty shmutzick). after

finding this amazing

place, some one help me to realize that any lust thoughts, in any

form and shape, is lust.

I just reach the 90 days, and I found amazing

how, even after so many days clean, every time i let the smallest crack open for a lustfull thought to come in, I

start seen everywhere triggers. I close that little crack, and again the world looks good and normal again. No matter 90 or not 90, you

can't never let go no even for a second.

How true!!

I wish I knew this years ago!

====

Re: On reaching 90 dsys

Posted by YeshivaGuy - 21 Dec 2020 00:10 cuidandome. wrote on 29 Dec 2014 22:56: For many years I was working under the false premise (I guess I could of easily realize is false) that in as much as I don't see actual pornography, I'm ok. Lust thoughts and not so shmutz-shmutz, reading and watching was aloud. (actually, ocassionaly, was pretty shmutzick). after finding this amazing place, some one help me to realize that any lust thoughts, in any form and shape, is lust. I just reach the 90 days, and I found amazing how, even after so many days clean, every time i let the smallest crack open for a lustfull thought to come in, I start seen everywhere triggers. I close that little crack, and again the world looks good and normal again. No matter 90 or not 90, you can't never let go no even for a second. Maskim and Mazel Toy! How u been recently?