

I need help

Posted by joeshmo - 19 Oct 2009 22:10

I am not addicted to viewing porn but I have been going into talk forums and seeking out trans-gendered people. Im not gay and have never acted out in this way but I feel this "Dirty Talking" and viewing pictures of them is getting to be to much, it fills like its killing me with guilt. I hate getting an Aliyah anymore becuase I feel so terrible. I have a beautiful wife of 20 yrs and I have been neglecting her in the bedroom. Please any advice is appreciated. Toda.

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Re: I need help

Posted by imtrying25 - 30 Jan 2010 21:10

Hey Reb joeshmo. Just stoppin by to say hello. hello.

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Re: I need help

Posted by joeshmo - 31 Jan 2010 19:00

I had a wonderful Sabbath of prayerand study, Baruch HaShem...I have a new strength I feel...I really feel that Im going to beat this addiction ...I feel on top of the world so to speak... will keep in touch..if I fall I am always honest...Have a wonderful day.

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Re: I need help

Posted by imtrying25 - 31 Jan 2010 22:37

A wonderful week to you too my friend. But lets help ourselves in this struggle. In any way we can. If that means filter we must do it. We cant beat this alone. Tried and proven by many before us!!

Hatzlacha!

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Re: I need help

Posted by silentbattle - 31 Jan 2010 22:45

Feeling great is always good - but that's not the time to feel too confident, that's the time to prepare and grow.

Keep on rocking!

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Re: I need help

Posted by joeshmo - 01 Feb 2010 03:56

I do understand that a feeling is not worth nothing with this disease..but I do understand that G-d is still in control and if he heals someone of anything then they are healed...Im not saying that that is me but I am saying that a new strength has come from somewhere...Baruch HaShem.....I will always say if I fail or if I am strong..today I am strong...only because of HaShem..Thanks for all your support.

Joe

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Re: I need help

Posted by silentbattle - 01 Feb 2010 04:59

Absolutely - enjoy the feeling, but USE the feeling to help you prepare...we never assume that we're cured - that's breaking the first rule (being powerless), and it's a basic tenet of being frum, too - never being sure, never putting ourselves in the way of temptation, because no matter what level we're on, there's no certainty.

But yes - enjoy the feeling, enjoy being clean, enjoy being close to hashem!

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Re: I need help

Posted by joeshmo - 01 Feb 2010 12:43

Thanks Silent for them words of wisdom, and I agree of course..Have a great day

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Re: I need help

Posted by silentbattle - 01 Feb 2010 17:25

I'm just repeating what I've learned from other people here...

Thanks - hope your day is going fantastically, too!

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Re: I need help

Posted by imtrying25 - 01 Feb 2010 22:01

Hey joeshmo?? How you be?? How are thngs going?? Hope well!!!

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Re: I need help

Posted by joeshmo - 02 Feb 2010 15:23

Im not to strong today..Im praying not to slip...funny how we have good days and weak

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Re: I need help

Posted by silentbattle - 02 Feb 2010 18:46

The "weak" days are when we have a chance to grow - and that's what you're doing! KUTGW!!

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Re: I need help

Posted by joeshmo - 02 Feb 2010 21:42

I do hope I can grow..

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Re: I need help

Posted by silentbattle - 02 Feb 2010 23:30

If you can learn something from this fall that will help you in the futre - then you've grown.

What have you learned?

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Re: I need help

Posted by joeshmo - 03 Feb 2010 12:58

I did have a fall

I have learned that when I get nervice about somethingit sparks the feeling to "Look" at

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