

Some recent testimonials from the last month

Posted by the.guard - 08 Sep 2014 02:19

doingtshuva wrote: I was addicted to pornography at a very high level, burning hours on the web, not working not eating and not sleeping, I was just attached to my laptop.... but when I realized that I lost control of myself, and that I'm going to loose and ruin my family, my life Ruchnius + Gashmius, I decided to stop, but I failed and failed till I found GYE, and B"H after 6 month I can thank Hashem + GYE for saving my life. Yes, it will still be a life time battle, but if I really want, I can keep on fighting - one day at a time - for the rest of my life.

Snowflake wrote: Being shomer is certainly no easy task and it is something which is a daily struggle and no one can claim to have found the cure. But that's the essence I guess. When you realize you're sick, you know your only choice is to take the appropriate medication and treatment. And if you do, day by day, you will be able to keep yourself clean. I've managed to stay clean for 238 days, B"H. Now, I wish to share not only strategies, but perspectives that GYE has shown me, which have proven effective. Like I said, I don't have the cure. But I've lived with the disease under control, B"H. I believe I can help others. Thank you for the great work from GYE, and thank you for giving me the opportunity of sharing it with other people.

vtaherlebeinu (girl) wrote: GYE has helped me a lot in my recovery and b"H I've reached levels I never thought I was capable of. May you continue to help precious nishamos stay away from the tumah pulling at us.

Dov wrote: Thanks so much for all you have done for me thus far. What you folks have been part of so far, is truly amazing and historic. My life has grown so much because of it, and there are dozens of families I have come to know personally who have been saved by recovery. And they found it through GYE.

Susanne wrote: Dear GYE, I am so grateful for what you provide. This is simply a fan letter. I am a single woman who needs ezras Hashem every day in every way, with more than one issue. Today's chizuk e-mail was so rich in help. Feeling hopeless and seeing effort as pointless is entirely a tool of the disease! May Hashem continue to bless your efforts and allow you to raise up the lives of good people who have a disease.

Shoshana wrote: Thanks for changing my life for the better. i keep seeing how incredible and wonderful it is to be willing to change and have support.

firstyid wrote: All these years I've had my ups and downs but I didn't come to realize the amount of damage it has done to me and especially in my recent marriage, until recently, when I encountered GYE's ad on a jewish website.

kilo chalu wrote: Thanks alot for all that you have done and do for everyone and befrat for saving my life thru the GYE site and connecting me to the community.

Keepclimbing (woman) wrote: Thank you for all the wonderful things you do and for the times I kept myself back from lust bec of your website- the zchus of yours is tremendous.

Eli wrote: Just a quick note to tell you that the Chizuk e-mails are very inspiring and extremely well-written and helpful.

Chaim F wrote: btw I don't know why the 90 day chart is so powerful, but the last 2 months where the best in my life, tnx

olamhabanik wrote: This is my first time trying to "get clean". I was in denial for many years thinking that this hobby was "no big deal", and even if it was a real problem I felt it was impossible to overcome. I was referred to this site by a close friend in passing and after reading through the many posts I began to come to the realization that if all these members can do it, then i can too.

ihatemyusername wrote: I have no words to express my gratitude to your wonderful organization. I believe the greatest benefit I had is that I learned that I'm not alone! Keep it up!"

eye123 wrote: Thanks to your website I finally got the push I needed to seek therapy. So I spoke with RELIEF which I found on your site, and they hooked me up with a great therapist. Thanks 4 everything.

outoftears wrote: I am a married baal teshuva living in Israel with my wonderful family. I am a

medical professional. I'd like to help GYE any way I can, so important is your mission. I think you are doing a great job. I have been a member for a while. I owe GYE a lot and I want to give back! Kol ha kavod to you!

Eli (MBJ) wrote: Since I have never said this before, thank you for all that you do in maintaining GYE. I have been sober for almost a year - and for most of the last 3 years - because of this web site.

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