

Reaching out to others

Posted by toraschaim - 11 Jul 2014 23:55

Reaching out to others for help when I'm struggling is something I need to do a better job of. (Duvid Chaim has talked about this a lot in the e-mails - calling someone and admitting what's going through your head goes a long way to deflating desire and the negative thoughts that come with it.)

I have a partner that I was placed with through GYE, but our schedules don't always match up and sometimes it's hard to reach him. I have seen participants in the forums offer their phone numbers to serve as a listening ear when others need help.

Can whoever those generous souls are please reach out to me? (I promise I won't talk your ear off.)

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Re: Reaching out to others

Posted by cordnoy - 12 Jul 2014 01:37

email me at thenewme613@hotmail.com

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Re: Reaching out to others

Posted by unanumun - 13 Jul 2014 00:41

you can email me too at unanumun@gmail.com

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Re: Reaching out to others

Posted by chesky - 13 Jul 2014 13:35

I would be happy to be in touch by PM

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