

Phone Conferences

Posted by yearning2bfree - 06 Mar 2014 08:31

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I feel like I'm finally ready to take action to deal with my addiction, and I am interested in joining a phone conference. The only one that would really work for me is the night one, I remember seeing that they are starting a new cycle soon, does anyone have any more information?

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Re: Phone Conferences

Posted by dms1234 - 06 Mar 2014 08:46

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All of the info is right here: [guardyoureyes.com/tools/calls](http://guardyoureyes.com/tools/calls)

Yay for action! What else are you doing for action though?

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Re: Phone Conferences

Posted by cordnoy - 06 Mar 2014 21:16

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that's a good first step....I wouldn't push him, or anyone for that matter, to take on too many things at one time.

get comfortable with one, and then move on or add another.

imho

perhaps im wrong....wont be the first time.

b'hatzlachah

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Re: Phone Conferences

Posted by yearning2bfree - 07 Mar 2014 10:23

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I am reading the GYE Handbook, listening to Joe and Charlie, and posting here? What do you suggest?

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Re: Phone Conferences

Posted by dms1234 - 07 Mar 2014 21:07

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Sounds good to me!! Good work! The biggest thing that has helped me so far has been reaching out and it sounds like your on your way! Are you speaking with anyone? like on GYE? Perhaps have a chat with Joe or Chharlie?

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