

GYE Addiction

Posted by shivisi - 17 Feb 2014 15:17

DOES ANYONE ELSE HERE HAVE A "GYE ADDICTION"???

Yes, I know it's far better for us than the other addictions dealt with here, and may we all be blessed that GYE should be our worst addiction, but...

What about spending HOURS literally H O U R S a day on this site, and neglecting work, home

I was Just wondering if anybody has something to say besides "better that than other things... or too much of anything is'nt good... whatever.

Just another one of my problems.

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Re: GYE Addiction

Posted by Pidaini - 24 Feb 2014 16:51
duties, Torah learning, and other important things (even missing mincha minyan)

I'm going to leave it to Dov, but I think that was Dov was saying was that there are other ways of reaching out other than chat, and if you could use those instead of chat, then you'd have a much easier time breaking off of this particular flavour of the addiction.

But, I'm just speculating, not talking from experience.

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Re: GYE Addiction

Posted by Dov - 24 Feb 2014 23:43

Yeah, that's what I meant...in English.

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Re: GYE Addiction

Posted by skeptical - 24 Feb 2014 23:56

Everyone is different.

You have to do what you feel will work for **you**. If you try something and you feel it's not working for you, try something else. But whatever you do, don't give up.

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Re: GYE Addiction

Posted by Dov - 25 Feb 2014 04:11

Ditto!

Keep your feet wet in serious recovery help of *some* sort, till you find what works...then grow a lot more in that until you need more or different, and then move on to more and better...that's real living!

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Re: GYE Addiction

Posted by TehillimZugger - 25 Feb 2014 22:02

[Dov wrote:](#)

Yeah, that's what I meant...in English.

Yankel I think Dov means that he meant what you said, but he would've said Flavor as opposed to Flavour.

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Re: GYE Addiction

Posted by Dov - 25 Feb 2014 23:35

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