

Back on the Site

Posted by strugglingguy - 28 Jan 2014 04:08

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This is my first time back on the site in a couple years. I have been busy... I have had good stretches and bad stretches. Currently, I have been struggling. Today (after a couple classes) I felt I needed some "relief" so I looked at some P. I told myself I needed it and there was no stopping myself on the comp. (I get ard. the filter w a proxy). So, that is that...

I'm going to go now - continue with this later...

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Re: Back on the Site

Posted by strugglingguy - 23 Aug 2016 16:46

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BH been a good week - as I have been busy with new job teaching @ a school

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Re: Back on the Site

Posted by yiraishamaim - 24 Aug 2016 02:11

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Hatzlocho - meshana makom meshana mazal

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Re: Back on the Site

Posted by strugglingguy - 27 Sep 2016 06:38

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just told people today i had a few weeks clean and then i fell. that's it.

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Re: Back on the Site

Posted by Markz - 27 Sep 2016 13:00

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[strugglingguy wrote on 27 Sep 2016 06:38:](#)

just told people today i had a few weeks clean and then i fell. that's it.

You told some people on chat room... ???

"*that's it*"

you give up? Leaving us???

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Re: Back on the Site  
Posted by strugglingguy - 27 Sep 2016 13:52

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No I mean *that's it* -- *nothing else to say, no excuses.*

*I was told to go into SA so I am checking out meetings in my new area.*

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Re: Back on the Site  
Posted by doingtshuva - 27 Sep 2016 23:00

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That sounds positive.

keep us updated.

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Re: Back on the Site  
Posted by strugglingguy - 28 Sep 2016 03:11

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Part of me is worrying - where is my kedusha/tahara? especially right before RH! I ruined myself !

And then i realize it's not about me right now, it's about needing Hashem's help 24/7 to stay clean. and by focusing more, reading more of the GYE material, looking into SA, etc. I am trying my best. Humility is something we need in this struggle...

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Re: Back on the Site  
Posted by Shlomo24 - 28 Sep 2016 05:06

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I really relate. I needed to get sober, but not because it was an aveirah, because my life was going to shambles. It took me a while to realize that, I was in SA for a decent amount of time before I came to realize that.

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Re: Back on the Site  
Posted by strugglingguy - 28 Sep 2016 15:07

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As part of my recovery, IYH, I will try to write something here everyday....

I cannot change the past. I can only move forward. I can ask Hashem for help. I can try to learn more. I can try to get to SA. I can try to put my phone away at night. I can try to post on GYE and read more material.

Hashem Ozer Lanu.

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Re: Back on the Site

Posted by doingtshuva - 30 Sep 2016 00:14

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[strugglingguy wrote on 28 Sep 2016 15:07:](#)

Hashem Ozer Lanu.

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Re: Back on the Site

Posted by strugglingguy - 30 Sep 2016 01:42

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Ok. Agreed.

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but we may not stand in his way

Re: Back on the Site

Posted by strugglingguy - 30 Sep 2016 19:00

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I just saw from the Chidushei HaR"IM that Teshuva obviously has to contain charata but not an overdose of it. Too much charata and not enough positive looking forward can demoralize and freeze a person.

Now, I don't really need self-coddling I do need to be hard on myself and think about how to let Hashem help me. Still, I relate the the above message in the sense that - especially before Yom Kippur - if I dwell too much on the avera, I miss the point of positively moving forward. These are things I will think about this Yom Tov.

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Re: Back on the Site

Posted by strugglingguy - 06 Oct 2016 04:41

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Hope everyone had an enjoyable RH.

May this AYT be one of solid commitments moving forward in our journeys.

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Re: Back on the Site

Posted by strugglingguy - 06 Oct 2016 22:36

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Another clean day so far, Bli Ayin Hara. Thank Gd.

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