

still falling

Posted by Pinchas - 07 Aug 2013 00:53

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I have been working the steps with a sponsor and I have been with a phone conference and I do the prayers when I feel down and all of that but I am still falling....

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Re: still falling

Posted by Dr.Watson - 07 Aug 2013 01:55

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Tzaddik, I feel like we're all in this battle together and we all want to help each other, but could you elaborate on the problem you're facing a bit.

How long do you normally manage without falling? Of what form does the fall take? How long have you been working on this? What goes wrong? What leads up to a fall? What does porn give you that the rest of your life doesn't?

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