

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by Gevura Shebyesod - 10 Jul 2015 23:11

I think he got stuck in a swamp somewhere.

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Re: Tryin'

Posted by serenity - 12 Jul 2015 02:32

Bogs not dogs

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Re: Tryin'

Posted by cordnoy - 12 Jul 2015 03:19

[serenity wrote:](#)

Bogs not dogs

Oh, now I understand

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Re: Tryin'

Posted by cordnoy - 14 Jul 2015 00:08

From a fresh poster:

The future is not some place we are going, but one we are creating. The paths are not to be found, but made. And the activity of making them changes both the maker and their destination.

The little things? The little moments? They aren't little.

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Re: Tryin'

Posted by cordnoy - 24 Jul 2015 15:14

Monday is a MUST - CALL day!

Selfish for myself.

Selfless for the others who have emailed me.

1:00 - 1:30 Monday EST!

Please email me (thenewme613@hotmail.com) your interest, as this way, I will not back out; please.

Thank you

b'hatzlachah to all

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Re: Tryin'

Posted by cordnoy - 27 Jul 2015 16:11

Lots goin' on (includin' lustin'), but will try for the call today at 1:00 EST.

Email me please if you don't have the number.

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Re: Tryin'

Posted by cordnoy - 28 Jul 2015 00:52

[cordnoy wrote:](#)

Lots goin' on (includin' lustin'), but will try for the call today at 1:00 EST.

Email me please if you don't have the number.

What a call today!

The oilam was knocked speechless.

Tomorrow. ...step into action.step five!

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Re: Tryin'

Posted by cordnoy - 28 Jul 2015 16:47

Calls gotta go on!

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Re: Tryin'

Posted by ZemirosShabbos - 28 Jul 2015 16:51

all set! let's roll

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Re: Tryin'

Posted by ZemirosShabbos - 28 Jul 2015 17:31

thank you

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Re: Tryin'

Posted by cordnoy - 28 Jul 2015 19:47

[ZemirosShabbos wrote:](#)

thank you

Pleasure.

Tis a good thin' that people call and listen in (and occasionally cough or somethin'), for today, i was in no mood for it, but afterwards, I feel somewhat better.

So.....thank you!

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Re: Tryin'

Posted by ZemirosShabbos - 28 Jul 2015 19:49

no tea?

try coughing instead!

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Re: Tryin'

Posted by cordnoy - 29 Jul 2015 04:09

Just to change the subject for a moment, I found this post, and although I removed most of it, the irony and the dare I say 'stupidity' of what this fellow did is quite revealin and relevant to an issue that was brought up on GYE recently:

[have2changeNOW wrote:](#)

So here goes - I think i made one mistake that slowly/quickly snowballed into some big bad falls. In Tel Aviv (there for 5 days), i was shocked to see that there were business cards for prostitutes literally strewn all over the sidewalks. I was with my 10 yr old son who picked one up and showed it to my wife and !! i couldn't believe it! I was outraged that such a thing should be literally on eretz kedusha, and yes I've heard about Tel Aviv, but even NYC and Las Vegas don't have such shmutz so out in the open. Here was my mistake - I thought i could do a tikun and a secret Kiddush Hashem - so I went for two nights for about an hour, maybe 2 hours and picked

up literally hundreds and hundreds - probably over a 1000 - of these cards each night and cleaned up maybe 20, 30 or more blocks. I felt like it was some big special thing that i was doing for Hashem and Klal Yisrael. I would almost always not look at the cards, but invariably i saw these womens' images, and i think it certainly had an effect on me. After the second night up to 3am picking them up, I made two moves the next day that showed me i was negatively affected - I called one number on a card "just to see if it was in Hebrew or English" definitely would not go. And then the next night, - "out of nowhere" I called a zonah from the US whose number i remember. Of course i couldn't go to her since she was in US, so it was different then calling when she is 15 minute drive away - but still - some very important line was crossed, I now believe. Then the next day I noticed a massage parlor, and passed it a few times, and it got 'stuck' in my mind. So i went in once and asked how much - and immediately left. Again - not close to acting out - but still crossed a line that wasn't good. Prior to this i was SUPER CLEAN for approx 3 months

I mentioned the biz card clean up act to Dov, who basically said - "really bad move - you need to protect your fragile self, and we addicts are way more sensitive to that stuff anyway" - and I totally agree. I see this now really as a classic case of: the YH making me think i was doing something good, when he was subtly pulling me into a big trap. And that's for a regular guy - al achas chama v'chama for a sick and weak sexaholic such as little old me . .

Then four days in Jerusalem, and everything was fine/great (enjoyed some great learning and davening - kudos to Tehillim Zugger for some of that) , but the seed was planted. So back in the USA - the disease progressed quickly - - i posted about that a bit. Basically I would take a drop in a flash, doing fine for 3 or 4 days, and then boom - looked at porn, but no masturbating (which is surprising and made me think i had changed a bit), but then a few days later masturbating, and then walking by a massage parlor for a few days, but not going in, but boom - then going in, and as I've mentioned if the lady will go way above and beyond the call of duty - I

Well - not to leave out any details - things got even worse - I have gone to 3 massage parlors and 6 zonahs (BOO!) in about 2 weeks.

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Re: Tryin'

Posted by newaction - 29 Jul 2015 07:04

like the alcoholic that pours some whiskey in his all natural organic full of calcium non steroid no

antibiotics nutritious glass of milk.

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