

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

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Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by cordnoy - 22 Jun 2015 16:26

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Today; dammit today!

NIC reminded me.

For myself, i will be readin' big book and SA book....startin' at 2:30 EST.

If you wanna eavesdrop, send me an email to [thenewme613@hotmail.com](mailto:thenewme613@hotmail.com), and i will send you the anonymous dial-in code.

b'hatzlachah

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Re: Tryin'

Posted by Gevura Shebyesod - 22 Jun 2015 16:29

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[stillgoing wrote:](#)

look above

Gevura, Did you count those stickers? Maybe if I do that I'll be so busy that I can also get to 738

days!

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Re: Tryin'

Posted by stillgoing - 23 Jun 2015 02:43

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Re: Tryin'

Posted by unanumun - 23 Jun 2015 14:21

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I'm starting to get the hang of it. Did you blow up the air yourself in those monster tires too?

[Cordnoy wrote](#)

[shlomo613 wrote](#):

Mazal tov Cordnoy on 5000 posts. Wow. So many people you've helped; you've kept the forums ticking over nicely, and been a balanced sensible dose of reality.

Your 5000 number is worth so much than if it were just a private victory.

You should have bracha, hatzlacha and have shalom and enjoy the fruits of your labours in this world as well as the next.

Shlomo

Amen!

Nice brachah

not sure about the rest of the post though....

I am.

Don't be so hard on yourself buddy.

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Re: Tryin'

Posted by cordnoy - 23 Jun 2015 15:12

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[unanumun wrote:](#)

[cordnoy wrote:](#)

[shlomo613 wrote:](#)

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Shlomo

Amen!

Nice brachah

not sure about the rest of the post though....

I am.

Don't be so hard on yourself buddy.

thanks

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Re: Tryin'

Posted by cordnoy - 23 Jun 2015 16:02

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New Time Today!

We will begin at 1:30 iy"H.

No need to announce yourself or to speak or to say your name.

Any concerns or requests, let me know please.

Thank you

We hope and pray that it will work.

If you still don't have the number, send email to [thenewme613@hotmail.com](mailto:thenewme613@hotmail.com)

b'hatzlachah

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Re: Tryin'

Posted by ZemirosShabbos - 23 Jun 2015 16:10

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mazel tov on the C5K and kol hakavod on your new iyun shiur in the sefer hagadol and sefer halavan!

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Re: Tryin'

Posted by cordnoy - 24 Jun 2015 15:47

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Yesterday was a good call; so i thought, and the others said as well.

Today, I need it more!

Email me for the number please: [thenewme613@hotmail.com](mailto:thenewme613@hotmail.com)

We will begin at 1:30 iy"H.

No need to announce yourself or to speak or to say your name.

Any concerns or requests, let me know please.

Thank you

Avrohom

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Re: Tryin'

Posted by gibbor120 - 24 Jun 2015 17:17

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Darn. I missed yesterday. Will IY"H join today.

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Re: Tryin'

Posted by shlomo613 - 24 Jun 2015 17:41

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Cordnoy, I don't understand. I just dialled the conference number and he access code you gave me at 1:40 NY time and no one is on the line, not even you.

What am I doing wrong?

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Re: Tryin'

Posted by gibbor120 - 24 Jun 2015 18:00

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made it, a bit late, but it was just what I needed to hear. Thanks!

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Re: Tryin'

Posted by stillgoing - 25 Jun 2015 01:20

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Re: Tryin'

Posted by serenity - 25 Jun 2015 02:41

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shlomo, did you dial the latest number and access code? It did change for today.

I like the call Cords. Short, sweet and to the point. Great recovery for people with busy

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schedules and people with ADHD

Re: Tryin'

Posted by cordnoy - 25 Jun 2015 04:14

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[serenity wrote:](#)

shlomo, did you dial the latest number and access code? It did change for today.

I like the call Cords. Short, sweet and to the point. Great recovery for people with busy

schedules and people with ADHD

Thanks



Access # and codes were the same the entire week.

Once again, tomorrow 1:30 - 1:50 EST.

Thanks

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