## **GYE - Guard Your Eyes** Generated: 13 September, 2025, 17:27 Tryin' Posted by cordnoy - 23 Jun 2013 09:41 **Shalom** I am in my 40s married with children Recently, I decided to get help on a serious level with my addiction. My mind wanders and the tayva builds. It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon. I have more to write, but as this is my first post, id like to hear some suggestions first please. Thank you so much C Re: Tryin' Posted by stillgoing - 07 Jan 2021 19:25 sleepy wrote on 07 Jan 2021 18:59:

sleepy wrote on 07 Jan 2021 18:54:

## Hakolhevel wrote on 07 Jan 2021 15:54:

You should be used as an example of people usin' GYE for a long time, through good times and not as good times, and still stickin' with it.

**GYE - Guard Your Eyes** 

Generated: 13 September, 2025, 17:27

Posted by Bigmoish - 07 Jan 2021 22:12

Welcome back SG. Long time no see?

BM, are you inferring that if youre not on gye anymore you probably arent fighting?i strongly disagree with that statement,do you have that opinion based on your own experience?

Nope. He didn't say that. Perhaps reread. Interesting how you inferred that though...

And hello to you too Hakolhevel.

I also didn't not say it...

Partly based on experience, partly based on knowledge, mostly opinion.

Everyone who came here at some point or another came for a reason. If, after a period of having meaningful conversations and developing real or fake relationships, they completely disappear without a trace, one or more of the following is likely:

- 1) They began working another program and found the relationships here unnecessary.
- 2) They do continue their GYE relationships offline (I guess I'll have to ask them privately what's so bad about this place that they can't so much as say hello).
- 3) They never viewed the relationships forged here as anything of substance.
- 4) The friends they made here make them uncomfortable and guilty about their acting out.
- 5) They actively decide to live a lifestyle in direct contrast to what GYE stands for, making it unnecessary to come back.
- 6) Some combination of the above.

| Feel free to add and argue. |         |
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Generated: 13 September, 2025, 17:27

Re: Tryin'

Posted by Hashem Help Me - 07 Jan 2021 23:36

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I would add the following. I have gotten to know many guys here - for real. Many BH gain from GYE what they need, graduate, and move on. They would simply like to put this challenging part of their history behind them. We have to respect their decision. Some come from time to time to update their chart, and to chat with someone new and give some chizuk. Others do not even do that. Being that they got to know real people here, they hold on to some phone numbers and check in from time to time - especially if they forecast a challenging situation (a bochur going home to a house full of unfiltered devices, a married fellow going on a business trip to a potentially triggering location, etc) and want some input how to plan wisely. When someone who developed a real relationship disappears without a trace - does not return phone calls, emails, etc., it can mean that unfortunately he slipped back in to bad behaviors and is too embarrassed to come forward, or his wife found out what was going on and said "you graduated - let's bury it", or maybe he is unfortunetely stranded on an island without phone service.......

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Re: Tryin'

Posted by sleepy - 08 Jan 2021 07:14

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Hashem Help Me wrote on 07 Jan 2021 23:36:

I would add the following. I have gotten to know many guys here - for real. Many BH gain from GYE what they need, graduate, and move on. They would simply like to put this challenging part of their history behind them. We have to respect their decision. Some come from time to time to update their chart, and to chat with someone new and give some chizuk. Others do not even do that. Being that they got to know real people here, they hold on to some phone numbers and check in from time to time - especially if they forecast a challenging situation (a bochur going home to a house full of unfiltered devices, a married fellow going on a business trip to a potentially triggering location, etc) and want some input how to plan wisely. When someone who developed a real relationship disappears without a trace - does not return phone calls, emails, etc., it can mean that unfortunately he slipped back in to bad behaviors and is too embarrassed to come forward, or his wife found out what was going on and said "you graduated - let's bury it", or maybe he is unfortunetely stranded on an island without phone service.......

very well written, notice HHM wrote "when someone who developed a real relationship disappears without a trace etc. *can mean* that unfortunately he slipped back in to bad behaviors etc."

while BM wrote **someone who left gye probably isnt fighting the fight anymore**, how dare BM say that?! what is he a navi?! hey im cool with people not being able to admit that they

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| wrote something inaccurate, it takes a <b>B</b> ig <b>M</b> an to do that,maybe(or probably) BM doesnt fall into that category.              |
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| Re: Tryin' Posted by sleepy - 08 Jan 2021 07:44 Peace bros   |
| stillgoing wrote on 07 Jan 2021 19:25:   |
|  |
| sleepy wrote on 07 Jan 2021 18:59:   |
| sleepy wrote on 07 Jan 2021 18:54:   |
| Hakolhevel wrote on 07 Jan 2021 15:54:   |
| You should be used as an example of people usin' GYE for a long time, through good times and not as good times, and still stickin' with it.  |
| Not like those other "old timers'" who completely vanished. Maybe some are still fightin' the good fight, <i>but many are probably not</i> . |
| As they say, "the road to secret old timers' forum is paved with"  |



I still don't see it, but more importantly, in keeping this a safe place for all to grow - please keep personal insults and attacks off of this forum. We are here to get sober, not pick fights over who said what. That's for your mentor/sponsor/ step 4 or diary...

| i am referring to the post to Big Moish which i do not want to quote.  |
|--|
| Thank you  |
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| <del>===</del>   |
| Re: Tryin'<br>Posted by sleepy - 08 Jan 2021 14:16   |
| stillgoing wrote on 08 Jan 2021 12:54:   |
| I still don't see it, but more importantly, in keeping this a safe place for all to grow - please keep personal insults and attacks off of this forum. We are here to get sober, not pick fights over who said what. That's for your mentor/sponsor/ step 4 or diary |
| i am referring to the post to Big Moish which i do not want to quote.  |
| Thank you  |
| i guess ill have to keep my <b>B</b> ig <b>M</b> outh shut next time (even if im right),but i guess sg's message<br>is also for BM not to voice his own baseless opinion when he is insulting 100's of gye old timers  |
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| Re: Tryin'<br>Posted by Grant400 - 08 Jan 2021 14:20   |
| @Sleepy: What's your agenda exactly?   |
| 1) Who exactly would get insulted by his words? The people who aren't here?  |

| Generated: 13 September, 2025, 17:27 |
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| 2) What he meant was, the people who were still struggling when they disappeared. There's no logical reason to assume they had a miraculous recovery overnight.   |
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| 3) Is that the point he was trying to make, or is that nitpicking and learning up his post like a Rash"i?   |
| 4) Like SG wrote. This is a place of recovery, friendship and camaraderie. Let's try not to create an atmosphere where people must be concerned that every word they share, will be dissected and abused. |
| Grant   |
| ====  |
| Re: Tryin' Posted by sleepy - 08 Jan 2021 14:23   |
| sg, i fail to understand why your post doesnt fall under the category of not picking fights over who said what regarding my post. but enough hijacking this thread.                                       |
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| Re: Tryin' Posted by sleepy - 08 Jan 2021 14:29   |
| Grant400 wrote on 08 Jan 2021 14:20:  |
| @Sleepy: What's your agenda exactly?  |
| 1) Who exactly would get insulted by his words? The people who aren't here?   |

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| 2) What he meant was, the people who were still struggling when they disappeared. There's no logical reason to assume they had a miraculous recovery overnight.   |
|---|
| 3) Is that the point he was trying to make, or is that nitpicking and learning up his post like a Rash"i?   |
| 4) Like SG wrote. This is a place of recovery, friendship and camaraderie. Let's try not to create an atmosphere where people must be concerned that every word they share, will be dissected and abused. |
| Grant   |
| dont mean to dissect your words, you post very nicely, but are you inferring that if someone leaves gye and recovers, it has to be a miracle?   |
| i was pm'd to please stop hijacking, so   |
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| Re: Tryin' Posted by OTR - 28 Apr 2021 15:12  |
| I've been off for a while. But I can attest I had my ups and downs being off gye. Sometimes this place is helpful sometimes not. But where were we on this thread? OOh yes it was about tryin'            |
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**GYE - Guard Your Eyes**Generated: 13 September, 2025, 17:27

| Re: Tryin' Posted by cordnoy - 21 May 2021 02:01  |
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| I'm not sure exactly why, but in emails amongst some of the chevra, it was decided that there will be a call tomorrow mornin' at 10:15 EST. |
| =======================================   |
| Re: Tryin' Posted by cordnoy - 21 May 2021 11:27  |
| cordnoy wrote on 21 May 2021 02:01:   |
| I'm not sure exactly why, but in emails amongst some of the chevra, it was decided that there will be a call tomorrow mornin' at 10:15 EST. |
| Yes, just email me for the number please. Thank you   |
| ====  |
| Re: Tryin' Posted by Striving Avreich - 21 May 2021 11:51   |
| What are the details of the call?   |
| ====  |