

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

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Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by eslaasos - 22 Mar 2017 19:53

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Sorry, deleted my last post as I realized that for this context it was inappropriate.

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Re: Tryin'

Posted by Shlomo24 - 22 Mar 2017 20:03

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I don't believe that everyone is attractive. I think I'm fine with that concept.

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Re: Tryin'

Posted by cordnoy - 23 Mar 2017 13:40

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Contraband (unopened) that has been in my drawer over a year - I have finally discarded.

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Re: Tryin'

Posted by Gevura Shebyesod - 23 Mar 2017 14:39

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Re: Tryin'

Posted by cordnoy - 23 Mar 2017 14:49

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[Gevura Shebyesod wrote on 23 Mar 2017 14:39:](#)

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Sounds familiar from two or three years ago as well.

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Re: Tryin'

Posted by bb0212 - 26 Mar 2017 14:27

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Chords, just want to put it out here. I very much appreciate your style of postin'. It's very unique, to the point where if I read a post without lookin' at the author and I say "sounds like Cords", I have yet to be wron'. please keepidup!

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Re: Tryin'

Posted by cordnoy - 26 Mar 2017 14:59

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[bb0212 wrote on 26 Mar 2017 14:27:](#)

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Thank you.

Decidel please. With an h, or without?

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Re: Tryin'

Posted by bb0212 - 26 Mar 2017 15:06

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[cordnoy wrote on 26 Mar 2017 14:59:](#)

[bb0212 wrote on 26 Mar 2017 14:27:](#)

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and others.

People have been writin' that bumps in the road of life they consider tests and some have passed them and some haven't and some struggle with them and some question them and some resolve and reconcile them somehow.

Ani hakatan would like to say what works for me. Life is life and may be cruel at times. There definitely are tests in the world to us, but I don't believe they are on a daily basis. The more we (especially us guys) delve into thinkin' about them, the worse it gets for us. Especially when it comes to some key defects we (especially I) possess, such as selfishness, jealousy, blame, resentment, vindictive and ego.

Baby steps: what is wanted from me at this present moment? I believe that it is an ego-filled statement to say, "God is testing me," especially when it is repeated many times. God loves us, of that I am told, but I cannot explain His ways.

Why is all this thinkin' detrimental for us? For our brains are generally wired wrong (and I did it to myself). It takes a long time to rewire, and that doesn't happen after 30, 60, 90, 100, 700, 1000 days. I don't know when it happens, if it does at all.

I'd rather focus on the moment before me, and try to ask myself: what is expected of me at this moment? I don't always ask the question, and I don't always deliver the correct response.

B'hatzlachah to all

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Re: Tryin'

Posted by Shlomo24 - 30 Mar 2017 15:44

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I agree. My personal opinion is that my Higher Power doesn't test me. He's not like "What wrench can I throw at Shlomo and see if he survives." I beleive he loves me too much for that. I don't call them tests, I call them learning experiences. Granted, my Higher Power isn't like

everyone else's, so take it or leave it.

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Re: Tryin'

Posted by cordnoy - 30 Mar 2017 15:59

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[Shlomo24 wrote on 30 Mar 2017 15:44:](#)

I agree. My personal opinion is that my Higher Power doesn't test me. He's not like "What wrench can I throw at Shlomo and see if he survives." I believe he loves me too much for that. I don't call them tests, I call them learning experiences. Granted, my Higher Power isn't like everyone else's, so take it or leave it.

Yes, and it's truly sad that there are some who view life as revolv' around them and their pettiness.

It's fine though, for the motto must be: to each their own.

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