

Tryin'

Posted by cordnoy - 23 Jun 2013 09:41

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Shalom

I am in my 40s married with children

Recently, I decided to get help on a serious level with my addiction .

My mind wanders and the tayva builds.

It would be easy to blame this on the lack of excitement in marriage intimacy, but I had done this at times before marriage, and at times, when marriage bedroom was good, I'd still fall. Perhaps it still is the reason, but marriage stuff is probably not gettin' better anytime soon.

I have more to write, but as this is my first post, id like to hear some suggestions first please.

Thank you so much

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Re: Tryin'

Posted by markz - 26 May 2016 01:54

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"Twas" all the "fellers" "foundations" that will say hi tommorow - deal?

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Re: Tryin'

Posted by markz - 27 May 2016 10:54

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Cord I thought you might appreciate this gye email #1243 From May 2015

## 12 Step Attitude

### THE SHIP IN THE HARBOR

By Techeiles-Mordechai

There's a saying that "A ship in harbor is safe, but that's not what it was built for."

Us addicts may feel safe and in control of our own happiness while using our lust, even playing G-d a little bit at times by trying to control our lives' outcomes. But realizing that simply makes us into "ships in the harbor", and that our real tafkid is not to be safe against the dock, but rather to be riding the waves of life with Hashem's guidance and care. Hashem built each and every one of us with exactly the right measurements, proportions, and calculations to overcome each ripple in the water, enormous, big, small, or minuscule, and if we just "play it safe" without leaving the docks of our lust, then all we are doing is becoming a show, a museum, a thing for people to look at with passing amusement before moving on to something more real.

R' Shmuel Sheinberg ZT"L (brother of R' Chaim Pinchas ZT"L) used to say that the reason why we make bris milahs and levayas into such large affairs, is because they are comparable to ships leaving harbor and coming back into harbor. When a ship leaves on its maiden voyage, it leaves with much pomp and circumstance. When it returns safely to harbor, it is greeted back with similar celebration. The same is true with human life. A person is sent off into the ocean of the world with a party, with a farewell of "k'sheim she'nichnas l'bris, kain yikanes l'torah, l'chuppah, u'l'maaysim tovim." When that person "returns to port", he is also greeted by members of his family and friends who loved him and respected him, and is brought back to his place of origin amidst words of remembrance of his great deeds and accomplishments during his voyage.

May we be zoche to successfully leave the harbors of lust that we have fooled ourselves into thinking create safeties for us, and sail out proudly into the sea of real life, of living with the ultimate security that Hashem is constantly guiding and guarding us through every wave and ripple (not to mention that he creates the waves for us because He knows we can handle them).

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Re: Tryin'  
Posted by cordnoy - 27 May 2016 11:19

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Thank you, good stuff.....although I don't agree with everything written there.

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Re: Tryin'  
Posted by Aryeh821 - 27 May 2016 17:40

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[OTR wrote:](#)

Who twas it?

Twath I

doth hath revealed the truth

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Re: Tryin'  
Posted by cordnoy - 05 Jun 2016 03:09

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Iyh, we will be starting our fifth cycle thru the books this Monday on the afternoon calls.

I am sorry if you called last week and we were off.

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Re: Tryin'  
Posted by gyejew - 06 Jun 2016 14:20

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[Aryeh821 wrote:](#)

[mirror wrote:](#)

Is there a call today?

There was

Testing

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Re: Tryin'

Posted by mirror - 06 Jun 2016 14:34

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[Sent wrote on 06 Jun 2016 14:20:](#)

[Aryeh821 wrote:](#)

[mirror wrote:](#)

Is there a call today?

There was

Testing

And there still is...

White book.. big book... Step into action... free ice cream...

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Re: Tryin'  
Posted by cordnoy - 06 Jun 2016 16:05

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Yes, there is one today.

1:20.

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Re: Tryin'  
Posted by cordnoy - 08 Jun 2016 17:00

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Today and tomorrow as well - before the long weekend.

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Re: Tryin'  
Posted by cordnoy - 16 Jun 2016 17:34

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Somethin' wrong with the number today.

And here, after yesterday's call, everyone was plannin' on sharin' today.

Dang!

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Re: Tryin'

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Posted by Gevura Shebyesod - 16 Jun 2016 17:46

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its working now

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Re: Tryin'

Posted by cordnoy - 16 Jun 2016 22:24

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Yes.

We bentched with a mezumen.

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Re: Tryin'

Posted by cordnoy - 17 Jun 2016 03:05

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Wow!

It said I was here for three years.

It feels like a lifetime.

I guess i've had several lifetimes.

Onward.....

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Re: Tryin'

Posted by markz - 17 Jun 2016 03:13

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**AND YOU HAVE BEEN AN ESSENTIAL LIFELINE TO ME!!!**

**Mazel Tov till 120 years on GYE!!!!**

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