

A bochurs journey

Posted by Bochur36 - 05 Apr 2013 07:36

Before I begin my story, I would like to express my thanks to those that manage and run this site as it is a tremendous zchus and a huge help for the tzibur.

My story begins about ten years ago, when I was just about bar mitzvah age. I'll keep it short and only write the important details. Baruch hashem, I never looked at p***n on the Internet etc. but I did have a very creative imagination. I would think about Many devarim assurim...

At that time, I did not know the severity of the issurim involved in "just thinking" about these thoughts. As far as I can recall I don't think I did mast***e, however I would wake up at night to "wet dreams", as I was mz"l. During the course of my high school career I began to realize the Chomer ha'issur that I was dealing with and I eventually stopped thinking and fantasizing about lustful thoughts.

B"H I was able to stop myself, (on my own) and by the time I was in 11th -12th grade, I stopped. I am currently a yeshiva bochur in my early twenties (getting ready to start the "parsha" these machshivos assurim).

However, even now, quite a few years later I still have problems with Keri at night and I still have "wet dreams" (most of the time I don't remember the dreams, but on occasion I do, and sometimes, they are not so clean- so I obviously still have not been able to abolish those thoughts completely. I understand that what happens when I sleep is more or less beyond my control, but I was just wondering if anyone else shared in my experience and if you have some advice or chizuk.

Thank you very much

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Re: A bochurs journey

Posted by zvi - 05 Apr 2013 13:12

I heard from someone besham his mashgiach, who heard it besham rav Chatzkel Levenstein, who heard besham Rav Yerucham Levovitz, that what happens at night is completely beyond your control EVEN if you've looked at things during the day- it's not your fault, and you didn't do it! You never wanted it to happen, did you?

And have you tried saying the first 4 perakim of tehillim before you go to bed? They help prevention of keri...

Hatzlacha!

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Re: A bochurs journey

Posted by Avrom - 05 Apr 2013 16:12

First of all hi from another bochur, achrecha to your journey

[zvi wrote:](#)

besham rav Chatzkel Levenstein, who heard besham Rav Yerucham Levovitz...

...just in case your from chadishe background... I was recently by a shiur of R' Tzvi Meir Silberberg (highly hassidic) He quoted a Rebbe saying "if go to sleep thinking of torah, and then something happens at night it is a real ones" Meaning if you go to sleep with torah - either by thinking of learning or by listening to your shiur - But still you acted out with no intention, it is considered a "ones!" Its just like if someone would point a gun at you, and that wouldn't make you feel guilty.

Its semes that the chasididim and litvaks agree on this one:)

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Re: A bochurs journey

Posted by alexeliezer - 05 Apr 2013 22:26

Just want to say welcome. I am impressed that you were able to give this stuff up while still in high school. Hatzlocha in finding your zivug.

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