

New girlfriend

Posted by neshamatehora - 24 Mar 2013 07:53

Hi all,

I just started dating a girl who I've been very close with for a long time. I'm really happy about the relationship and hope it goes somewhere more serious. We're both frum and completely shomer negiah.

Since we started dating (around 2 weeks ago) I haven't fallen at all. I just didn't really have the urge - I feel like I was more fulfilled and lusting less.

Tonight, I finally couldn't take it anymore and I did fall. I didn't use the internet at all so at least that was an achievement.

I just didn't know what to do. I know I can't tell her, but at the same time, I tell her everything. How can I keep this from her? And even while I was in the act, I didn't know what to think about! I felt uncomfortable and wrong thinking about her, but I felt worse thinking about any other girl.

How can I deal with this new problem?

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Re: New girlfriend

Posted by hopefull - 24 Mar 2013 09:54

Are yor feelings for this girl real or superficial -read looks ect

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Re: New girlfriend

Posted by neshamatehora - 24 Mar 2013 10:36

No, I really think my feelings are for real

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Thank you

Re: New girlfriend

Posted by skeptical - 24 Mar 2013 17:40

Being that you want this relationship to become more serious, it may be in your best interest to break it off until both of you are ready for it to be serious. By that, I mean that you shouldn't go out until you both have marriage as the goal.

If the feelings are real, you want to set this relationship up to be on the best ground that it possibly can be. Being clean for 2 weeks because your mind was occupied with this girl is hardly a chiddush. You need to really work on yourself before you continue to go out with her or it won't last and it will have the potential for true anguish down the road.

I know this from experience.

I went out with my wife and got engaged thinking that my problems were over. Shortly after I got married, they re-emerged. I've been married for **8 years** and only after a lot of anger and hurt, I've only just recently began to work on myself.

Problems only grow when in a relationship, they don't get smaller unless worked on, and it's harder to work on it when you have the added dimension of a very hurt party.

Hatzlacha!

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