

Halacha - davening after falling

Posted by neshamatehora - 14 Feb 2013 12:04

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What is the halacha for if I still need to daven after being over on shmiras habris?

For example, tonight I was davening a late maariv, and before i knew it I had fallen and was

Am I still allowed to daven after I wash my hands? And even more than that, I don't even feel like I deserve to be talking to Hashem, let alone standing before him for the shmoneh esrai.

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Re: Halacha - davening after falling

Posted by Blind Beggar - 14 Feb 2013 16:55

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over on shmiras habris

and change any wet clothing and then wash your hands, then you are ready to stand in front of the King of Kings and realize how great He is and how small we are. Everyone should daven like that anyway. Hashem is waiting for you and He knows how hard it is for you.

Keep posting!

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Re: Halacha - davening after falling

Posted by melost - 14 Feb 2013 17:58

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thats the yh saying oh now u are so dirty and sinful u cant speak to hashem learn daven makes u more depressed and u fall again in sa myjewish sponser told me even to daven in toilelt

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Welcome to the Forum, Neshama Tehora.

Re: Halacha - davening after falling

Posted by Pidaini - 14 Feb 2013 18:48

You have to wash any semen off your body

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[melost wrote:](#)

thats the yh saying oh now u are so dirty and sinful u cant speak to hashem learn daven makes u more depressed and u fall again

Absolutely!!!

The Ba'al Shem Tov writes that the main thing the YH wants is not the actual action of the Aveirah itself but rather he is really interested in the depression afterwards.

Go Daven, Hashem is waiting for you!!

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Re: Halacha - davening after falling

Posted by ZemirosShabbos - 14 Feb 2013 20:23

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Welcome neshamatehora!

your name provides a good hint to the answer...

as long as you say Elokai neshama shenasata bi tehora hee you still gotta daven and the RBSO is well aware of your situation and He still says to daven.

you can and should daven for help in improving in shmiras habris. AND take action to do so.

wishing you much hatzlocha

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Re: Halacha - davening after falling

Posted by Kedusha - 15 Feb 2013 03:25

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Yes, you should Daven for at least three reasons:

1.) Our regular obligation to Daven doesn't disappear just because we, c"v, fell.

2.) Our regular needs (health, parnasa, etc.), on which we are completely dependent on Hashem, do not go away just because we fell. On the contrary, if anything, we are in greater need of Hashem's mercy.

3.) After a fall, we are very vulnerable to falling again, low self esteem, and many other problems. We need to connect with Hashem as soon as possible and ask for His help and protection. And, of course, for His forgiveness (regarding doing Teshuva, if we are in a constant cycle of sinning, doing Teshuva, and sinning again, we need to take a different approach, such as using the tools on this site and in the GYE Handbook. Once we're clean for a solid period of time, we will be able to do a much more meaningful Teshuva).

Hatzlacha!

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Re: Halacha - davening after falling  
Posted by Pidaini - 15 Feb 2013 04:00

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I just heard an awesome vort from the Gra that really belongs here (I looked for it but havn't found it yet)

The Gemara says (succah 52b) *Im paga b'cha menuval zeh mashcheihu l'beis hamedrash* the Gra explains that if the YH attacks you by saying *menuval zeh*, how dare you approach Hashem yu are a Menuval?! then it is a sign that davka then do you need *Mashcheihu L'beis Hamedrash* more than ever, for the Yetzer Tov will never tell you not to serve the Ribono Shel Olam!!

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Re: Halacha - davening after falling  
Posted by melost - 17 Feb 2013 15:54

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i heard cant remember from were that even in toilet if u are in a danger of falling u even allowed

to think of torah

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Re: Halacha - davening after falling  
Posted by Blind Beggar - 20 Feb 2013 13:28

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It says it in the Sefer Chassidim.

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Re: Halacha - davening after falling  
Posted by melost - 20 Feb 2013 17:52

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thanks

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