

Shovavim questions

Posted by Binyomin5766 - 12 Jan 2009 01:30

I know it is the custom of some to fast every Monday and Thursday during this time. I am considering doing this myself, but I noticed that one Monday is Rosh Chodesh (when fasting is not permitted) and another Monday is Tu B'Shevat (and I don't know if fasting is permitted that day). So my question is what happens to the fasts for those days? Also, is fasting permitted on Tu B'Shevat? Thanks.

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Re: Shovavim questions

Posted by markz - 02 Jan 2016 23:55

[mdmjerusalem wrote:](#)

1) Taanis Shoois :

Not to eat for the [any time limit] from when you get home

Not to eat anything from 6 to 8 in the evening

3) Taanis Dibur:

Not to speak "in any way" for a "period of time".

Or, "a specific topic" for instance "Gaza war" for a day

I have a Sheila;

If you usually come home to eat supper with your wife between 6-8, and because of Shovavim you refrain, what should you do if your wife says something like "Gaza war"?

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