

getting started

Posted by Mr. Smith - 17 Sep 2009 15:06

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I have realized that a primary reason for my not getting going with some of these 12-step groups or a therapist or something is that I have no idea how I can do it without my wife finding out. Any suggestions?

Smith

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Re: getting started

Posted by bardichev - 17 Sep 2009 18:16

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I PM D YOU

bardichev

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Re: getting started

Posted by battleworn - 17 Sep 2009 19:20

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I don't have any experience with that. But in the mean time, at least get more involved in the forum. Post away, try to help other's, **it works wonders!**

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