

help

Posted by Mr. Smith - 12 Sep 2009 17:13

I had a really, really bad shabbos. I was feeling physically ill from the struggle. Actually, it would be mendacious to call it that, since there was really no fight at all. What may be even worse is that now, an hour after shabbos, I'm not feeling the same sense of dread and misery and urgency I was earlier today. But I will post what I was planning on posting anyway, which is this: **HELP**.

I tried an SA group already and found it not too helpful (as I think I've stated before). How else can I get working on the steps?

Also, does anyone know a sex addiction therapist in Jerusalem?

Other suggestions welcome. Judgment Day is approaching, and I am terrified. I need help, understanding, and support. That's you guys.

Smith

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Re: help

Posted by the.guard - 12 Sep 2009 18:29

Rabbi Shraga Shlachter (English and Hebrew Speaker)

Working with sexual addiction in the frum community for many years.

Trained in the 12-Steps (and author of the book "The First Day Of The Rest Of My Life")

Also helps couples deal with a spouse who is addicted (and general marriage counseling as well)

Low Rates

Cell: 052-6923065. (Answers this number Sunday and Wed from 9-10 PM)

The number is only in use during the above hours. All other times, please leave a message and he'll get back to you

If you need to speak urgently with him, write him an e-mail

(or write to eyes.guard@gmail.com and I can ask him if I can pass his regular number on to you).

E-Mail: shragaschlachter@gmail.com or hayomharishon@gmail.com

Situated in Ramot or Kiryat Yovel

Dr/Rabbi Naftali Fish - Jerusalem, Native English Speaker

Torah Based Psychotherapy, combined with meditation and hypnosis techniques

"Healing the Inner Wounded Child"

Office: 02-5376514

Home: 02-6722663

Cell: 052 2639325

e-mail: nachatruach@walla.com

Situated in Jerualem

Dr/Rabbi Yitzchak Twersky - Jerusalem, Native English Speaker

Psychotherapy and Counseling for Addictions (Scroll down on this page to see his approach)

Home: 02-5818140 HOME

Cell: 0544-819253 (can leave a message)

Situated in Jerualem

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Re: help

Posted by Mr. Smith - 12 Sep 2009 18:43

Fantastic.

Any thoughts on how to choose one over another? Do they come with any haskamos or something?

Thanks. Really.

Smith

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Re: help

Posted by the.guard - 12 Sep 2009 19:27

I listed them in order of price. The top is cheapest... But they are really ALL very good.

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Re: help

Posted by helpless - 13 Sep 2009 02:00

Can you please list some in North America? maybe start a new thread.

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