How Is Your Day Going? "The Next Generation HI" Posted by Shteeble - 18 Oct 2012 16:13

What is the purpose of this Thread?

Similar to the "just wanted to say Hi" thread, it's purpose is for friends to be able to stay in touch (at least at a very basic level).

I often come to the forum to pull myself out of a low mood and save myself from acting out.

Unfortunately, sometimes the forum is just too quiet, and the spiritual lift I was looking for is not to be found.

These threads are easy to post on (they don't cause finger fatigue or carpal tunnel syndrome), and help make some noise amongst all the quiet.

Seeing a quick hi from a friend can be enough to lift my spirits and save me from trouble.

## **INSTRUCTIONS FOR THIS THREAD:**

To make things easy for you, and in the spirit of 2 character gye posting, all you need to do is type a number from one to ten. ten means you're having the best day of your life. one means you need help.

Every day is a gift from H'. Every day is really a million on this scale. But for the purpose of this thread, we will use HOW THE DAY "FEELS" as the gage.

If you want, you can type more than just a number. (Special server for this thread... It can handle longer posts.)

Thank you. P.S. To my dear friend who can't stand when I start a new thread:

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Re: How Is Your Day Going? "The Next Generation HI" Posted by LookingForwardToChange - 23 Oct 2012 13:50

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Tuesday

BTW its allowed to be a 10...

Dont be ashamed if you are doing great!

9:47am 9 (terms and conditions may apply.....)

Re: How Is Your Day Going? "The Next Generation HI" Posted by Gevura Shebyesod - 23 Oct 2012 13:51

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Re: How Is Your Day Going? "The Next Generation HI" Posted by Shteeble - 23 Oct 2012 14:13

lookingforwardtochange wrote on 23 Oct 2012 13:50:

Tuesday

BTW its allowed to be a 10...

Dont be ashamed if you are doing great!

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what's your secret?

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Re: How Is Your Day Going? "The Next Generation HI" Posted by jewish jew - 23 Oct 2012 14:17

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Thursday from when I woke up until 4:15pm (Israel time) 9.2 B"H (just daven it should continue)

Yitzchok

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Re: How Is Your Day Going? "The Next Generation HI" Posted by Shteeble - 23 Oct 2012 14:18

I didn't realize there's such a big difference in time zones.

Re: How Is Your Day Going? "The Next Generation HI" Posted by jewish jew - 23 Oct 2012 14:22

And when Americas will move its clock back another hour in a few weeks there will be even a bigger difference.

Re: How Is Your Day Going? "The Next Generation HI" Posted by Shteeble - 23 Oct 2012 14:57

More than a 55 hour difference?

Wow.

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Re: How Is Your Day Going? "The Next Generation HI" Posted by think good - 23 Oct 2012 15:18

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Re: How Is Your Day Going? "The Next Generation HI" Posted by alexeliezer - 23 Oct 2012 17:15

Was using the net and saw a picture ad for a moment. Very provocative (just about any pics are for me anyway). I was quickly reminded of how such a trigger could take me into the abyss for hours, how I would give up all of life, all of reality to go there and fly on my drug.

It's good to be sober and recovering. 8.5 ([s]fending off[/s] surrendering lots of thoughts lately)

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Re: How Is Your Day Going? "The Next Generation HI" Posted by LookingForwardToChange - 23 Oct 2012 17:37

Shteeble wrote on 23 Oct 2012 14:13:

Tuesday

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BTW its allowed to be a 10...

Dont be ashamed if you are doing great!

what's your secret?

Re: How Is Your Day Going? "The Next Generation HI" Posted by think good - 24 Oct 2012 09:13

6.5

Re: How Is Your Day Going? "The Next Generation HI" Posted by jewish jew - 24 Oct 2012 09:16

8.4

Yitzchok

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Re: How Is Your Day Going? "The Next Generation HI" Posted by Shteeble - 24 Oct 2012 12:57

Wednesday 8:56am 4.1 9:52am 5.3 11:10am 5.6

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Re: How Is Your Day Going? "The Next Generation HI" Posted by think good - 24 Oct 2012 13:28

Wednesday 15:29 - 8

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