

For how long by now?

Posted by rt - 11 Jul 2012 20:44

Shalom Alejchem haChevra. I thought it would be a nice idea that everyone would post for how his clean by now and update regularly.

I will start: bY now (11 Jul) I am sober for 15 days. Hope not to fall :-) good luck @all.
R"T

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Re: For how long by now?

Posted by RT. - 08 Jan 2013 02:12

day 8.

hmm. feeling still there. lemayse i dont feel any yettzer hore bichlal (in this!).

he just goes away, waits and comes back later....

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Re: For how long by now?

Posted by reallygettingthere - 08 Jan 2013 02:44

Don't let your guard down

Eli

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Re: For how long by now?

Posted by Dov - 08 Jan 2013 23:00

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Hi RT! You'r not alone...

Re: For how long by now?

Posted by reallygettingthere - 09 Jan 2013 00:11

[Dov wrote:](#)

Hi RT! You'r not alone...

you are definately not alone

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Re: For how long by now?

Posted by RT. - 13 Jan 2013 00:25

13 days.

what do you mean guys... that it just feels that the yetzer went away?

or i am not alone in a different perspective?

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Re: For how long by now?

Posted by reallygettingthere - 13 Jan 2013 10:04

I have felt at times that the yetzer hora went away. But that was my yetzer hora in disguise trying to get me to lower my guard.

Don't be fooled

Eli

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Re: For how long by now?

Posted by RT. - 25 Jan 2013 16:07

day 26.

i'll try to.

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Re: For how long by now?

Posted by reallygettingthere - 25 Jan 2013 19:21

Have a sweet peaceful shabbos

Eli

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Re: For how long by now?

Posted by melost - 14 Feb 2013 21:17

5 hours

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Re: For how long by now?

Posted by reallygettingthere - 14 Feb 2013 21:25

[melost wrote:](#)

5 hours

You will always have those five hours :-)

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Re: For how long by now?

Posted by melost - 14 Feb 2013 21:44

[reallygettingthere wrote:](#)

[melost wrote:](#)

5 hours

You will always have those five hours :-)

thanks i was in arealy bad place acted out 5 times yesterday this mornigng also but now i have alot of lust in me im surrendering and making calls slowly getting back on the tracks

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Re: For how long by now?

Posted by mr. emunah - 15 Feb 2013 01:55

5 hour energy!

never give up!

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Re: For how long by now?

Posted by Dov - 16 Feb 2013 00:02

[mr. emunah wrote:](#)

5 hour energy!

never give up!

Never give up *what?*

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Re: For how long by now?

Posted by melost - 17 Feb 2013 16:01

sober since thursday morning with the help of god

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