

For how long by now?

Posted by rt - 11 Jul 2012 20:44

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Shalom Alejchem haChevra. I thought it would be a nice idea that everyone would post for how his clean by now and update regularly.

I will start: bY now (11 Jul) I am sober for 15 days. Hope not to fall :-) good luck @all.

R"T

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Re: For how long by now?

Posted by rt - 18 Jul 2012 19:38

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Do you mean me, as you say "guys" ?

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Re: For how long by now?

Posted by JustKeepGoing - 18 Jul 2012 20:56

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You ,and everyone else that you brought along to this thread.

JustKeepGoing!

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Re: For how long by now?

Posted by dovekbashem - 18 Jul 2012 22:23

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Today is day 7. So far so good and I can truly say that it is only because of all of you on this forum that I did not fall today.

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Re: For how long by now?

Posted by rt - 18 Jul 2012 22:37

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(lemaase by you it might be still  
wednesday, but by me its already thursday).

Interesting. I can manage a long (at least for me.) time without any of this things (dont mean porn, thats already alte maase (and i hope it will stay so), i mean bad machshovos, bad actions.). as you can see from my battles-ccount. it did not change since the last time i fell (i did not win anything - simply because there was nothing to win).  
well well. lets just keep going. at least for today

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Hey dovek, today is my day 7 as well, let's rejoice together

Re: For how long by now?

Posted by tocontrolmyself - 19 Jul 2012 22:58

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hi everyone today was my 7th day which as an awesome achievment and i think it was a directeffect from the 12 step call im involved in,however i fell today.usually i get very depressed but i think because i have a course of action with the 12 steps i stayed focused and positive.by the way i love this thread.GOOD SHABBOS AND HATZLOCHA IN EVERYTHING!

Re: For how long by now?

Posted by rt - 19 Jul 2012 23:04

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day 8.  
i have a posuk, but no idea how to darshen it. efshar MT will help?

yashanti a"z (=8) yanuach li.  
any suggestions?  
hatzlacha raba and laila naki.

btw. if somebody says he fell , do we believe him? halo eyn odom massim atzmoy rosho. or raglaym ledovor? huh?

Posted by E-Tek - 19 Jul 2012 23:14

Chas Veshalom. We call it a fall, not a drop.

Posted by rt - 19 Jul 2012 23:30

We call it a fall, not a drop.  
that is the matzav here and that is also the way it should be  
from the other side. . . why dont we say it? because thats not the way how to deal with it. OH I  
AM A ROSHO LETS STOP. - OH AM I ? SO LETS BE CONSEQUENT!! YUPII. thats not the  
way. but *lemaayse*...

Posted by E-Tek - 20 Jul 2012 01:02

I was kind of kidding, I think you were too.

;D ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D

Re: For how long by now?

Posted by dovekbashem - 20 Jul 2012 05:08

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Day 8 down. Just happy to be moving along in this journey with the rest of you

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Re: For how long by now?

Posted by rt - 20 Jul 2012 15:37

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I was kind of kidding

oh. nu, good so.

@dovek: lets make commitment, not to fall before the other one does? : ) (you dont want me to go without you, right?)

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Re: For how long by now?

Posted by dovekbashem - 20 Jul 2012 23:10

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Done deal my friend. Have a really amazing shabbos!

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Re: For how long by now?

Posted by rt - 21 Jul 2012 22:04

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day 9.

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Re: For how long by now?

Posted by rt - 22 Jul 2012 07:34

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day 10

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