

For how long by now?

Posted by rt - 11 Jul 2012 20:44

Shalom Alejchem haChevra. I thought it would be a nice idea that everyone would post for how his clean by now and update regularly.

I will start: bY now (11 Jul) I am sober for 15 days. Hope not to fall :-) good luck @all.
R"T

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Re: For how long by now?

Posted by tocontrolmyself - 05 Aug 2012 20:28

if you have spare cash. but dont impose it on ther member/s opf the group because i didnt realise

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Re: For how long by now?

Posted by SoldierOfHashem - 06 Aug 2012 04:23

TMC good for you for the prayers you started? Please update us how those are going especially after a while of using/saying them. Idlove to hear how that works for you.

And good for you for your 2 days! Keep it up!

Hello to the rest of the chevra as well hope your all doing well

Ten days for me

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Re: For how long by now?

Posted by Eye.nonymous - 06 Aug 2012 10:07

One day at a time.

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Re: For how long by now?

Posted by rt - 06 Aug 2012 10:48

25 days.

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Re: For how long by now?

Posted by rt - 06 Aug 2012 21:48

I tried to be shoymer my eyes in the last few days. and as mentioned previously i am bechasdey haShem 25 days clean.

My life changed back to how it was after sukkos. I feel again like a human being, I mean I feel that I have again the tzura of an odom. I can walk again along the street without being afraid of goyim (i live in an area full of druken people...like, they drink the whole day, they cant think clearly, and in such a condition are likely to attack somebody; as I was in the school even a lot of my goishe "friends" would get a punch here and there) or the dogs (i was bitten by a dog and i dont like this creatures too much..). I am not so afraid about shiduchim. NOW I CAN be boteach that haKadosh b"h will give me a nice wife (what I couldnt do before...you understand) It's so much better now (the matzav), halevay it would last forever.

Thank You very much, guys/GYE's. I don't believe it would be possible without You all. The one tzaddik who started this site has a big zechus. natrey rachmona uvarchey.

r"t

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Re: For how long by now?

Posted by SoldierOfHashem - 07 Aug 2012 00:36

and to be honest I'm not snapping out of it to easily. I'm experiencing the chazal that gaurd always quotes about the more you feed it the hungrier it gets, right now its starvin and is waiting for the next course, but this restraunt is closed for the night

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Hey guys. Sorry I let you down today. I am back to 0

Re: For how long by now?
Posted by obormottel - 07 Aug 2012 03:43

Keep it closed, friend, it gets better.

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Re: For how long by now?
Posted by rt - 07 Aug 2012 10:33

26 days. (on the chart for some unclear reason 25 days...nunu, deos chalukos.)

soldier, do you know this kind of "restaurants" where the people feed the animals with a lot of grass, just to have a FAT animal to shecht?? are you speaking about that?

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Re: For how long by now?
Posted by tocontrolmyself - 07 Aug 2012 18:59

First i want to tell you im in an awesome mood and its not bc i didnt fall,bc i did last night fall.i said my prayer tried to go to sleep and i couldnt fall asleep.

lust hits...another prayer....redeemed...but still no sleep...im so tiredbring blanket closer to....another prayer...then i made a fatal errori took my first willing drink...'ill just start pleasuring myself....another prayer..it stops... still cant fall asleep...'ill just do it until just b4'...i start..i feel too close... i stop...but two sec. go by and i wasnt quick enough....or truer said the fistst drink of lust was too far...im very happy i fought but since i fell, on friday im leaving the acctb. group until i get a wseek straight clean....then ill join back..

im sorry to hear our soldier fell...

btw i was wondering if you guys are 12 steppers.if not i strongly reccomend the phone groups..im still falling albeit only a quarter of my previous falls....but my life attitude has improved incredibly..im calmer ...dont flare up or get angry nearly never...

KOT anyway i need to be puttung 7 pounds in the tzedokah pushka...happy trucking!!!!!!!!!!!!!!!!!!!!!!

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Re: For how long by now?

Posted by tehillimzugger - 07 Aug 2012 20:01

[RT wrote on 06 Aug 2012 21:48:](#)

NOW I CAN be boteach that haKadosh b"h will give me a nice wife (what I couldnt do before...you understand)

No I don't understand. There was a time when I shared that warped philosophy, now I don't understand.

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Re: For how long by now?

Posted by tocontrolmyself - 07 Aug 2012 20:10

soldier of hashem instead of saying im not going to snap out... which sets you on a collision course for..how about sying a prayer to hashem that i feel vulnerable and can you please give me the willingness to push on and get back up...have a great day

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Re: For how long by now?

Posted by rt - 07 Aug 2012 20:47

Why warped ? plz explain.

@TMC: so did you fall, or not?

and we wait for you to come back!

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Re: For how long by now?

Posted by tocontrolmyself - 07 Aug 2012 20:51

i did fall.the prob. is that bc of my plan i feel susceptible to the yh while im away

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Re: For how long by now?

Posted by rt - 07 Aug 2012 21:02

That's sad. So whats your plan now ?

ps: day 27 (veyesh omrim 26)

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