

Begin again now

Posted by nezach - 11 Jul 2012 14:51

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Many people on this forum has read about the idea to 'let go and let Hashem', but I've never really internalised or perhaps understood what this means from a practical point of view.

Now I have, at least for me personally. It means to fully accept my situation, its consequences and opportunities. Also to think about Hashem at different stages throughout the day/night. By bringing him into our lives (in a real way) we can let go, and to bring into our lives love, peace, self acceptance, forgiveness and the ability to begin again now.

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Re: Begin again now

Posted by Izgadin - 13 Jul 2012 03:46

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So, "Letting Hashem" means having a full acceptance of His plan at every moment! And not just accepting it as His Diving Decree, but rather, as His gift to us.

It's so much easier to do this when no one is around!

So, how is it going with you? Have you "let Hashem" today?

Birah

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