

I need help

Posted by gyegye2 - 09 May 2012 15:15

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I follow the 90 day chart

when i had a fall... i felt like I am anyway "tume" for this day

and like I anyway dont change anything on my chart IF I FALL AGAIN THE SAME DAY.

so after a 8 day break i fell twice a day...

Does anyone understand me?

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Re: I need help

Posted by MendelZ - 18 Sep 2014 02:27

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Your stick-to-it-tiveness is inspiring and admirable. Keep up the good work. Don't forget to savor the feeling of success. It can help down the road when you want to give it all up. (May you never feel like that, though.)

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Re: I need help

Posted by gyegye2 - 18 Sep 2014 18:01

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thanks mendel

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Re: I need help

Posted by Dov - 26 Nov 2014 09:23

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Nee, vus hertzach gyegye2 dude?

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