

I need help

Posted by gyegye2 - 09 May 2012 15:15

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I follow the 90 day chart

when i had a fall... i felt like I am anyway "tume" for this day

and like I anyway dont change anything on my chart IF I FALL AGAIN THE SAME DAY.

so after a 8 day break i fell twice a day...

Does anyone understand me?

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Re: I need help

Posted by inastruggle - 18 Jul 2013 22:22

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The information about the filter gabai is [here](#) I think that it's still an ongoing thing.

The way to blacklist a site without the password is [here](#).

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Re: I need help

Posted by Dov - 28 Jul 2013 07:55

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So, how's it going today, gyegye2?

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Re: I need help

Posted by gyegye2 - 29 Jul 2013 21:08

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thank you dov for your inquiry..

I am good...

i saw some interesting vort on the top cover of the "alim letrufa"

they explained a piece of noem elimelech...

that every day is a separate fight and a separate win....

if you won yesterday... ( or for a long while...) don't think that you don't have to be on guard... on the other hand... you should know that each day you won... you should celebrate

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Re: I need help

Posted by Dov - 29 Jul 2013 21:21

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I have never won a day in my life, so I would not know. And that is not semantics.

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Re: I need help

Posted by Dov - 12 Aug 2013 17:20

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...And how are things going today, el' Capitain??

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Re: I need help

Posted by gyegye2 - 16 Aug 2013 17:01

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HAD A FALL YESTERDAY AFTER 35 DAYS

I MADE THE K9 BLOCK YOURSELF OPTION

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Re: I need help

Posted by gibbor120 - 16 Aug 2013 22:29

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Sorry to hear that. You know the drill... pick yourself up and KOT.

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Re: I need help

Posted by Dov - 23 Aug 2013 18:46

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You can do a better job blocking stuff? Why haven't you been taking the necessary action all along? Is this new block the final frontier...or are there more measures you are refusing to take - until things get worse...and then even worse...and then really, really worse...?

Just asking.

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Re: I need help

Posted by gyegye2 - 26 Aug 2013 21:07

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HELLO DOV,

I ALWAYS HAD A FILTER,

NOW I JUST MADE AN OPTION SO I CAN ADD SITES TO BLOCK ALONE.

THANK YOU

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Re: I need help

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Posted by Dov - 30 Aug 2013 08:24

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I wish you hatzlocha in coming forward honestly over here - or anywhere else useful - when and c"v if the filter idea does not save you from screwing yourself up and admitting it. It will invite suggestions for why you even have a computer, and if your staying clean is really a priority to you...or it will invite sweet talk to help you 'feel better'.

Which will you prefer?

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Re: I need help

Posted by gyegye2 - 30 Aug 2013 17:21

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hello dov,

thank you for your post

i didn't understand your question.

what are the choices, that you ask me what i prefer?

thank you

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Re: I need help

Posted by Dov - 01 Sep 2013 10:29

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Doesn't really matter - u r doing better and taking great steps to deal with things as they really

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Re: I need help

Posted by gyegye2 - 17 Sep 2013 20:12

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HAD A FALL AFTER 32 DAYS

BLOCKED THE SITE WHERE I FELL

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Re: I need help

Posted by cordnoy - 17 Sep 2013 21:27

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well, get up and start truckin again'

I can give you hundreds of sites to block as well

should there be a better system in place?

b'hatzlachah

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