

New Journey-support needed

Posted by Needyjew - 12 Mar 2012 01:14

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Hi everyone. I'm a normal teenager who's struggling with stopping to act out. I just fell again after 2 weeks clean and I'm sick of it all. I really want to stop and become closer to Hashem but I feel that I need that little extra push to get past two weeks. My pro isn't that serious so I think that if I post on this thread at least twice a week I can be matzliach because I will be afraid to report that I've fallen and the writing will help my thoughts shift away from the bad stuff. Please be there for me on this thread and help support my new journey. I hope this is the last time I have to post a message like this. Thanks for your future help!

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Re: New Journey-support needed

Posted by ontheedgeman - 12 Mar 2012 01:53

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There will be nights and there will be days... behind it all, H" creates them both, and our goal as people addicted to shmutz is to grin and bear the nights.

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Re: New Journey-support needed

Posted by mifatfait - 12 Mar 2012 06:09

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One of the most important things I learned here is that this is an addiction that needs a process of a lot of hard work to hold in check. Could be at your stage it'll be easier, I hope so. But if the going gets a bit rough, don't despair - just keep on driving in the direction of recovery, one day at a time!

Hatzlochoh!

Have a safe and easy (and most importantly - happy) trip.

MB

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