

never ending cycle

Posted by rebdovid - 17 Feb 2012 16:22

Dear Friends,

I am here again since I fell again.

I really need help in the past I would fall once or twice and recover and move on, it's much harder now.

Please help me.

Thank you.

=====
=====

Re: never ending cycle

Posted by gibbor120 - 17 Feb 2012 16:32

What have you been doing to help yourself?

=====
=====

Re: never ending cycle

Posted by DesertLion - 20 Feb 2012 22:35

Is it harder because it's taking you longer to recover your physical strength and energy, or harder because you are despondent and finding it difficult to move forward again with vigour and joy?

BW

DL

=====
=====