:) Shmeichel's Shmeichel :) Posted by JackAbbey - 08 Nov 2011 14:39

smiling for 95 days b"h

Re: :) Shmeichel's Shmeichel :) Posted by obormottel - 23 Dec 2011 19:12

A freilache un a lichtige Chanuka to you, my friend!

Only tears of joy, and only lust for Hashem. That'd be a good life!

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Re: :) Shmeichel's Shmeichel :) Posted by JackAbbey - 25 Dec 2011 16:48

you bet

thanks

the tanya writes that thise can be hergoshie dimyonos

Re: :) Shmeichel's Shmeichel :) Posted by JackAbbey - 05 Jan 2012 23:20

hello everyone

so i just poped in to keep my toes warm

Re: :) Shmeichel's Shmeichel :) Posted by tehillimzugger - 06 Jan 2012 02:18

Shmeichel wrote on 22 Dec 2011 10:49:

when i hear the niggun "ich hob gevart in gevart" (from yomtov ehrlich himself) i usualy shed a tear of lusting to hashem

i cry for mbd's version

p.s. my toes are cold

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Re: :) Shmeichel's Shmeichel :) Posted by ZemirosShabbos - 06 Jan 2012 16:29

if you drink a 10 oz. cup of woodford and soak your toes in woodford you'll feel all toasty

Re: :) Shmeichel's Shmeichel :) Posted by JackAbbey - 16 Jan 2012 11:46

have you tried that?

(i tried it on my tunge and it worked though)

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Re: :) Shmeichel's Shmeichel :)

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Posted by JackAbbey - 04 Mar 2012 21:58

fell and fell and fell and still falling, want to start again, but need a kick start

Re: :) Shmeichel's Shmeichel :) Posted by JackAbbey - 04 Mar 2012 22:04

need a friend(s) who will listen to me, and answer me positively

Re: :) Shmeichel's Shmeichel :) Posted by Gevura Shebyesod - 04 Mar 2012 22:08

Hi Shmeichel, welcome back (I got your email but didn't have time to respond yet).

Let me get my cables from the back of the truck....

chug, chug, chug......VROOOMMM!!!!!

Now get trucking!!!!

Re: :) Shmeichel's Shmeichel :) Posted by tehillimzugger - 05 Mar 2012 10:48

Welcome Back Shmeichel!

:D ;D (to start you off)

Re: :) Shmeichel's Shmeichel :) Posted by alexeliezer - 05 Mar 2012 15:49 Shmeichel!!!!

Was thinking about you recently and hoping all was OK.

Shmeichel, you've done it before and you'll do it again.

This is misery and you know it. Marbin B'simcha!

Start with one day. Daven for a fresh start. Just look up and daven.

Once you get going you'll be happier than ever.

Re: :) Shmeichel's Shmeichel :) Posted by ZemirosShabbos - 05 Mar 2012 18:22

welcome back shmeichel!

missed you around these parts

daven, read, post, talk, connect to others. sometimes we cannot pick ourselves up by our

bootstraps.

you fell? we have all been there. you fell i fell we all fell.

right now is a fresh chunk of time. stand up and do something good. reach out. don't keep it bottled up. anything that irks you, if you keep it bottled up, will grow a beard and peyos and be that much harder to deal with.

here's to more shmeichel, literally and figuratively

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Re: :) Shmeichel's Shmeichel :) Posted by obormottel - 05 Mar 2012 19:18

I was recently thinking, too, where's my friend Shmeichel.

Get up, stand up, don't give up the fight!

Daven for willingness to get clean, if you have to. Or, if you're already willing, daven for help staying clean.

G-d's Omnipotent, He can do it for you and me, even though we CAN'T.

A freilachen Purim!

Mottel

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Re: :) Shmeichel's Shmeichel :) Posted by JackAbbey - 08 Mar 2012 00:56

mottel! your footnote gave me the shivers
