

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by strugglingandstrivngBT - 30 Apr 2010 00:13

so I'm really tempted to accept defeat. It's been a really hard 4 days and I've done well, but the desire is building up SOO much. Half of me wants to look and half wants to act. I dont even want to act for pleasure, just to get rid of the desire. Everyone I look at is looked at with lust. I'm so tempted to click on links I know will bring me somewhere bad. I found a catalog with pictures in the bathroom and debated calling it quits there. My yetzer hara is an inferno right now. help....

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Re: I'm about to FALL!!

Posted by cleareyes613@gmail.com - 30 Apr 2010 00:23

I feel your pain. If you have gmail let's chat - cleareyes613@gmail.com

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Re: I'm about to FALL!!

Posted by silentbattle - 30 Apr 2010 00:39

You can PM me for my GV#, if you want. You're strong enough to get through this, and try to think about how good it feels to be clean! You know that if you hold out, you'll feel so good, it'll be totally worth it!

Get yourself busy with something else...

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Re: I'm about to FALL!!

Posted by strugglingandstrivngBT - 30 Apr 2010 00:40

whats GV?

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Re: I'm about to FALL!!

Posted by silentbattle - 30 Apr 2010 00:41

GV= Google Voice. It's a way of getting an anonymous phone number that forwards calls to your phone. Perfect for people like us! :D So if you want to talk, let me know. I'm probably signing off soon, though, so if i don't get your message, please don't be insulted!

Luria - that is a major part, but actually I meant on a spiritual level - even if we don't know about other people's efforts for us, I think that the effort that they put in makes a difference in a spiritual sense. It's like hishtadlus: We need to put in our hishtadlus, but hashem's help can come from anywhere - doesn't have to come directly from the hishtadlus.

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Re: I'm about to FALL!!

Posted by dan - 06 May 2010 20:45

do you find that alcohol lowers my immunity to lust? i find sometimes my sexual sobiety is affected by alcohol, but my life hasnt become unmanageable thru booze. All im saying is that once my inhibitions have been lowered, the computer in the corner of the room suddenly seems easier to approach...and hey guess what? nice hours later im still looking at porn!

Gimmie some advice

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Re: I'm about to FALL!!

Posted by Dov - 06 May 2010 20:51

It sounds like alcohol *is* at least *temporarily* making your life unmanageable, if lust is and it helps you act out with lust. No?

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Re: I'm about to FALL!!

Posted by bestrong - 12 May 2010 03:45

I need help I thought I can do it by myself can't please help

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Re: I'm about to FALL!!

Posted by Ineedhelp!! - 12 May 2010 03:55

Hey bestrong,

I'm here how you doing? PM me, email me or gchat me at Yiddle2@gmail.com

Hatzlocha!

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Re: I'm about to FALL!!

Posted by silentbattle - 12 May 2010 05:09

Reb Bestrong - welcome!

This is definitely a struggle that is much easier when you share with others. Feel free to send me a PM...

In the meantime, please introduce yourself! There's a whole part of the forum so that you can say hello, and everyone can get to know you a bit.

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Re: I'm about to FALL!!

Posted by Tev - 12 May 2010 13:44

Bestrong!!

Hashgacha Pratis with the name ehh!??

Hope your feeling better, I'm here to help bestrong1988@gmail.com

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Re: I'm about to FALL!!

Posted by jamies - 30 May 2010 17:19

Feeling so weak today, deep down i dont want to fall but an feel i am so so close to it...parents going out tonight so home alone!!

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Re: I'm about to FALL!!

Posted by Chazak Amenu - 30 May 2010 17:29

I won't be able to talk to you tonight, are you able to find something else to do tonight, like going outside somewhere? anything get together with friwends?

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Re: I'm about to FALL!!

Posted by jamies - 30 May 2010 17:33

maybe but really need to work!!!

i should stay at home working, so will be home alone and wont be able to use this computer anyway, because the sites i go on get emailed to my rav...maybe ill call him and have a chat?... but i can imagine myself rushing home from maariv just to come and be pogom!

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