

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by habaletaher - 29 Dec 2009 09:05

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I'm going to bed, I think I passed this one. It's really stupid cuz even with the filter, if I really want to beat it I'm sure I will be able to... so the filter coming shouldn't be scary, shouldn't be like I'm losing my freedom, I'm actually gaining the freedom to be a normal person again... but it is commitment on some level and it's scary sort of. Not scary in the Freddy Kruger vs. Jason type of way, more as in "Am I really ready to go clean....?" type of scary...

Anyway, let me run off to bed b4 I do anything.... Have a good/night day everyone... and I guess this means I'm clean 13 days but just by a fraction of a an inch (or maybe just the size of chudo shel machat!)

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Re: I'm about to FALL!!

Posted by Sturggle - 29 Dec 2009 09:11

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Hope you read this when you wake up, but just in case, good night.

And/or good morning.

"AM I REALLY READY TO GO CLEAN...?"

BIG QUESTION!!!

Sounds like you have an answer brewing over there.

Shkoyach and B"H for His helping you.

FREEDOM!!!!!!!!!!

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Re: I'm about to FALL!!

Posted by imtrying25 - 29 Dec 2009 12:52

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Re: I'm about to FALL!!

Posted by theOne - 30 Dec 2009 02:24

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URGENT. what am i supposed to do when i miss the boy i used to chat with TONZ??? keep me back from starting againg!!!!!!

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Re: I'm about to FALL!!

Posted by theOne - 30 Dec 2009 03:09

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i guess i miss both. him and chatting. GOSH

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Re: I'm about to FALL!!

Posted by Ineedhelp!! - 30 Dec 2009 03:38

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Realize that we miss Hashem even more because we are distancing ourselves from Him by doing these things.

(wow did I really just type that?)

-Yiddle

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Re: I'm about to FALL!!

Posted by theOne - 30 Dec 2009 03:42

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!!!! i keep telling myself that its not good, and nothing good is gonna come out of it but my heart doesnt rily care at the moment...

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Re: I'm about to FALL!!

Posted by Ineedhelp!! - 30 Dec 2009 03:54

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Surrender to Hashem. You can't fight this battle. Say: "hashem I am putting this battle in your hands. I try to control things too much and maybe you are sending me this urge because of this or not, but either way, Hashem please remove the urge from me." Then go and do a trully selfless act. This is more or less what step 10 is. Try and see if it works. Tell me cause I wanna know if it works.

Hatzlocha Rabba

-Yiddle

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Re: I'm about to FALL!!

Posted by penitent - 30 Dec 2009 03:59

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Hello, I haven't really spoken up but I kind of felt ok the past few days because my wife was mutar to me.. Well , guess what, a few hours ago she said she was still"good". Then she tells me- sorry...it came. Typical. gets my hopes up-then it comes crashing down. I don't get the urge to M\*\*\*\*\*e, but rather, how could looking at videos hurt? Of course I know the answer. That's why I am writing now instead of watching. My urges are low now but in 1-2 weeks...I know what will happen. This really is progress for me as I am using this as a venue to express myself and get my "demons " out there. Maybe they will leave. I just said kiddush levanah .I heard that the Roshei Teivos for "sheloh yeshanu et tafkidam" spells "Ishti" meaning kiddush levana is a segulah for a man's wife to have a normal cycle, which revolves around the moon. Good night and thanks for listening.

Penitent

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Re: I'm about to FALL!!

Posted by theOne - 30 Dec 2009 04:03

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thanx yiddle!!!! i guess im just gnna turn off my computer -so i dont do anything stupid- and go to bed. i did what u wrote, the urge is still here, but im stronger. thanx! g'nite

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Re: I'm about to FALL!!

Posted by Momo - 30 Dec 2009 06:00

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[Rage ATM wrote on 30 Dec 2009 03:02:](#)

It hurts when u miss someone...u know there are days when I still miss her (she who is my password to this site and every email account I have)...and I'm happily married almost 10yr and I still miss her sometimes...I think what I really miss though is just me then...I miss my youth...and the recklessness I was allowed...and I thank hashem for everything

Funny, I was speaking about this with Rav S last night.

He says that we don't really miss the person per se, but rather the feeling we get when we are with them.

Our job is to learn how to feel that way with our spouse.

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Re: I'm about to FALL!!

Posted by habaletaher - 30 Dec 2009 06:18

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[Rage ATM wrote on 30 Dec 2009 03:02:](#)

It hurts when u miss someone...u know there are days when I still miss her (she who is my password to this site and every email account I have)...and I'm happily married almost 10yr and I still miss her sometimes...I think what I really miss though is just me then...I miss my youth...and the recklessness I was allowed...and I thank hashem for everything he has given me today...so

u miss him...or u miss chatting...nu this is life kid....much better things await moving forward...

U still use her as your password for every site you have? No wonder why you still miss her! You think about her every day, every time you sign into any site? I never allow anything from any of the hers in my life to be anywhere near my consciousness and for the most part I don't think

about them.....

why do you torture yourself so?

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Re: I'm about to FALL!!

Posted by Ministaros Nakeini - 30 Dec 2009 07:14

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OK, here we go,

Just cracked my wifes e-mail password, now I can get K-9 to send me a temp password(it goes to her e-mail) and reset the whole thing- I havent fallen for a while, I doubt that she'll check K-9 in the near future and realize that I changed the settings for a litlla AAAHHHHHHHHHH, shleped myself here before actually doing going through with it... hoping that I will fall asleep reading all these threads that I fell behind on, or get enough chizuk to get me through the night- got to get her to change that password tomorrow....

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Re: I'm about to FALL!!

Posted by habib613 - 30 Dec 2009 07:19

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or how about u just go to sleep now?

would that help?

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