

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by lamed vavnik - 28 Oct 2009 18:31

7up wrote b/f i can't find where that she feels the need to act out even without taivah just to taste oblivion (is that right?) . i don't know if that's what i fealt today but i def. didn't have any desire, it was just "oh, i have an open internet comp. i should really try to look at p**n , it's the only chance i'll have for a while." it was very calm , no taivah, no insane drives . it seemed so calm and rational at the time . now i look back and hear craziness and irrationality. and now after it's over after i have no more access , is when the taivah is raging like a monster and won't . seriously still trying to stay clean.H' help me.

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Re: I'm about to FALL!!

Posted by letakain - 28 Oct 2009 18:39

focus on that last sentence. go chop a mincha and beg.

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Re: I'm about to FALL!!

Posted by lamed vavnik - 28 Oct 2009 18:47

but i 'll go chop a maariv and beg . amazing how hard it is to think of H'
when you need him most.

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Re: I'm about to FALL!!

Posted by Me3 - 28 Oct 2009 18:51

When your talking to Hashem

wrong time zone kiddo

Ask him to give Guard a hand here.

He's very late on his Chizuk email,

Must have writers block

(Or so busy censoring my posts..... Just kidding I forgive you)

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Re: I'm about to FALL!!

Posted by letakain - 28 Oct 2009 18:52

you can also talk in english/ivrit.

helps me to have a more real connection when the connection's strained.

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Re: I'm about to FALL!!

Posted by Noorah BAmram - 28 Oct 2009 18:57

[Me3 wrote on 28 Oct 2009 18:51:](#)

When your talking to Hashem

Ask him to give Guard a hand here.

He's very late on his Chizuk email,

Must have writers block

(Or so busy censoring my posts..... Just kidding I forgive you)

I was also wondering about the Chizuk Email being late;)

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GYE - Guard Your Eyes

Generated: 17 August, 2025, 12:27

Re: I'm about to FALL!!

Posted by 7yipol - 28 Oct 2009 19:04

[Noorah BAmram wrote on 28 Oct 2009 18:57:](#)

[Me3 wrote on 28 Oct 2009 18:51:](#)

When your talking to Hashem

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Thats it, Lamed Vavnik!

Look up something cool and inspiring and post it in the lonely Beis Medrash. Either Guard will steal it as an ACE, Kedusha will edit it (I know, he's sober now) or Me3 and EL will find a way to make you laugh over it.

Beats the taiva, no?

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Re: I'm about to FALL!!
Posted by lamed vavnik - 28 Oct 2009 19:15

you know what ,it actually does , i think, thanks. ;D i'm going to go doven and then fake being
???

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Re: I'm about to FALL!!
Posted by Me3 - 28 Oct 2009 19:21

As long as you fake fall too, that's fine.

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Re: I'm about to FALL!!
Posted by lamed vavnik - 28 Oct 2009 19:35

yeah , i wish . the images are killing me . they're really strong. i dovened i asked for help, but not too much oommph in it . i'm feeling kind of numb .

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inspired and write some fake inspiring chizuk . :

Re: I'm about to FALL!!
Posted by Dov - 28 Oct 2009 21:43

When I screw up, I need to do my best to get busy with all my heart (attention) with anything useful (preferably to someone else, if possible). Then I share exactly what I did with another program guy as explicitly as possible (for both of us) and get into the stepwork I am up to soon after (that evening, or whatever).

Another biggie is to let the experience of looking at stuff I have no business looking at let me see how much weaker the images were **before** I renewed them in my brain! May I never fool myself to think, "well, I've got the old images in my head already anyhow, what harm will *these* cause?" Another stinky lie. (AA calls it "stinkin thinkin" - yiddish: "ah farshtunkineh chezhbin" sorry, Mama) Everything *only* get worse when I use lust, *never* better. So as bad as they are now, is the best things can be *right now*. Why I'd *ever* make them even *worse* is good proof that I'm an addict. That means: nuts. We need **sanity**, not "self-improvement". Right?

Now that we know what we need, let's all get to work!

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Re: I'm about to FALL!!

Posted by the.guard - 29 Oct 2009 21:19

When your talking to Hashem

Ask him to give Guard a hand here.

He's very late on his Chizuk email,

Must have writers block

I finally got to put my Sukka away yesterday morning, and I sprained my back while doing it... So I was typing the chizuk e-mail yesterday with excruciating pain, every move was like "YOW!"... I guess that's why it was late. Sorry guys.

Oh, but the good news is that it finally rained this morning seriously for the first time in Israel. I feel bad having made Hashem wait until I finally put my Sukka away for that. Maybe that's why I deserved the back sprain. :-[

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Re: I'm about to FALL!!
Posted by Dov - 29 Oct 2009 21:23

DESERVED WHATEVER

EAT A GOOD DILL

MAKE A LCHAIM

REFUAH SHELEIMA TO OUR PRECIOUS REB GUARD!!

No? Not so good, huh? Oh.....

Oh, never mind. I just *can't* do it like Reb b....no matter how hard I try. :-[:(

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Re: I'm about to FALL!!
Posted by Kedusha - 29 Oct 2009 21:25

Refuah Sheleimah!

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