

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Holy Yid - 15 Oct 2009 03:52

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Mezibuz, (and anyone else)

remember that we would all crushed if you fell. You have hunderds of people who care about you and want you to succed.

When I am weak I chat with someone on gmail.

Look for something you enjoy that you can get lost in.

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Re: I'm about to FALL!!

Posted by Kedusha - 15 Oct 2009 04:22

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Giant Leap,

Welcome to the forum! Congrats on passing a difficult test!

Just a reminder to avoid language that can trigger other forum members. I did some minor

See [rehab-my-site.com/guardureyes/forum/index.php?topic=1102.0](http://rehab-my-site.com/guardureyes/forum/index.php?topic=1102.0), especially Rule #5.

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Re: I'm about to FALL!!

Posted by lamed vavnik - 15 Oct 2009 04:38

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hollo, feeling really weak . hanging by a thread. been like this for a day . help.

feeling better as i write . you know i really think this forum is fun .i wish i had the time to get involved in all these great discussions . but i would probably never sleep.! it's also a place to let my hair down a little and be honest.  
editing in order to make your post suitable for General Audiences.

i'm in a taivah wave it's lasting a while .usually what happens is i give in and do it . i have been fanasizing about acting out all day. i think i should see a turn off page. but i'd rather fantasize. trying not to . not working so well.

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Re: I'm about to FALL!!

Posted by Kedusha - 15 Oct 2009 04:47

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Going to sleep is a good idea, Lamed,

Hatzlacha! Hoping everything goes well!

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Re: I'm about to FALL!!

Posted by mezibuz - 15 Oct 2009 04:48

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Thank you ALL for your inspiration this evening. You have helped pull me back from the edge. This is not easy. I was trying my best not to be overconfident at 90 days, just staying focused on my path, day by day, avoiding temptation as much as I could. And then wallop, out of left field comes an uninvited image that connects up neurons in my brain that had been growing blessedly dormant these past few months. I imagine this is what a recovering alcoholic must feel like when he's 90 days into sobriety and takes some cough medicine which, to his surprise, contains a trace of alcohol. Just the slightest taste of the 'good old times' and the brain is off and running, wanting -- demanding -- more. This is teaching me once again that this is a lifetime struggle and I am nowhere without friends who can appreciate what is going on within. Thank you once again new-found anonymous friends for your support.

Mez

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Re: I'm about to FALL!!

Posted by the.guard - 15 Oct 2009 07:04

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My immediate concern is how to calm down the feelings of lust and desire for p\*\*n that are raging within me. So far, I have not fallen, but I am feeling very, very vulnerable. Any help would be much appreciated.

Tip #11 on [this page](#) can sometimes help such situations!

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Re: I'm about to FALL!!

Posted by lamed vavnik - 15 Oct 2009 09:41

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heeelp! it got better , i ddid go to sleep and now oit's worse i feel like i am on my way out!!

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Re: I'm about to FALL!!

Posted by Sturggle - 15 Oct 2009 09:43

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hello!

talk man! what's going on?

can you get out for a bit?

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Re: I'm about to FALL!!

Posted by Sturggle - 15 Oct 2009 10:17

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lamed vav?

hello?

how we doin'?

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Re: I'm about to FALL!!

Posted by 7yipol - 15 Oct 2009 10:28

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Picture whatever it is you want to do....

...with Guard standing over your shoulder

and the rest of the forum around you!

Long term, we cant stop lusting for other peoples sake, but in emergency situations, we do whatever it takes for now!

Hang in there and daven to Hashem to remove the yh,

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Re: I'm about to FALL!!

Posted by Noorah BAmram - 15 Oct 2009 11:17

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Tzadik Nistar head of the 36 tzdakim,

All the love in world for a fellow struggler

Noorah

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Re: I'm about to FALL!!

Posted by the.guard - 15 Oct 2009 12:21

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Whatever happens, we're here for you.

(did you try tip #11?)

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Know that noorah is prayin and rooting for u

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Re: I'm about to FALL!!

Posted by lamed vavnik - 15 Oct 2009 13:15

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i'm still here and still clean. i was actually afraid to go out . sometimes i don't know which is worse staying in my mind or seeing what 's outside(hey that rhymes!). too many people out there trying to show me things they 're not supposed to.and that's just the married ladies walking w/ there kids ,i don't even go to bad places. i didn't really solve the problem though (DUH!) just postponed it.

Guys i'm happy to talk to you clean even tho' you would listen if i wasn't .

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i'm Ok struggle , and the gang,

Re: I'm about to FALL!!

Posted by Lechayim - 25 Oct 2009 17:34

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I AM ABOUT TO FALL. ANYONE OUT THERE TO HELP RIGHT NOW PLEASE!!!

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