I'm about to FALL!! Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows, we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute. Sometimes the emergency units don't have enough time to respond to put out the fire, or are simply unaware of the emergency.

In any case, I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort, even a chashash, post here IMMEDIATELY! And well come to your rescue as soon as possible, iy'h.

You can post your emergency here, or give us a link to your thread where you can speak about your emergency. And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles, I am putting one in the women's section, and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: Im about to FALL!! Posted by the.guard - 22 Sep 2009 11:43

What am I struggling for? It's pleasurable, isn't it? What do I need this for? !

Kanesher, do you get the Shmiras Ainayim chizuk e-mails as well? If not, tell me. I want to send you yesterday's. I think it can offer some good perspective to answer your questions and your pain. Also, the "Daily Dose of Dov" from yesterday's e-mail can give you some good perspective on why you should give it up.

Also, see this page: <u>www.guardureyes.com/GUE/FAQ/FAQ41.asp</u>

To help with the overwhelming triggers, try tip #11 on this page:

www.guardureyes.com/GUE/Tips/TipsPractical.asp

Re: Im about to FALL!! Posted by 7yipol - 22 Sep 2009 11:45

HI Kanesher, hope you dont mind me responding to your call for help.

It's pleasurable, isn't it? What do I need this for? !

Shouldnt pleasure leave us feeling good afterwards?

The pressure can make you nuts if you dont dilute it somehow. How about a walk? Every dalad amos in Eretz Yisrael is zchar. Chalk up points while letting off the steam!

Imho (that's in my humble opinion). the word "should" and "shouldn't" are a dirty word Wink it just cranks up the pressure and most of the time its erroneous - for all things considered u are doing mighty well!!

Imho2!

Good luck ,

7up

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Re: Im about to FALL!! Posted by jerusalemsexaddict - 22 Sep 2009 11:47

Kanesher i am not married yet.

but i can say this.

ive gone out with pretty ditzy girls before who have no sense of tznius and let me just say:

you got bored as heck with them.

you dont really enjoy being with them except for when ur having sex.

so be happy that u married this deep woman.

-uri

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Re: Im about to FALL!! Posted by Noorah BAmram - 22 Sep 2009 11:57

Holy Kanesher,

What Guard wrote about therapy is ancient wisdom from the wisest of all men "daagah blev ish

With love and prayers

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Re: Im about to FALL!! Posted by kanesher - 22 Sep 2009 11:58

still here. still breathing.

Re: Im about to FALL!! Posted by kanesher - 22 Sep 2009 12:06

Uri wrote on 22 Sep 2009 11:47:

Kanesher i am not married yet.

but i can say this.

ive gone out with pretty ditzy girls before who have no sense of tznius and let me just say:

you got bored as heck with them.

you dont really enjoy being with them except for when ur having sex.

so be happy that u married this deep woman.

-uri

Tireh Uri,

I had the exact same experiences. I mean, you let them babble while you look at them and then you get bored and look at someone else and you go "uh hu? really? Split ends? Twice in one

week? Really? uhhu?"

But now that I'm married I wonder if I erred. Maybe it was all a joke; maybe sex is really what matters? Frankly, I've never gone that far - maybe that's where happiness is? Heck, I know I'm not happy now!!

Re: Im about to FALL!! Posted by jerusalemsexaddict - 22 Sep 2009 12:10

LOL

your post made me :D

but i can solve your solution.

if youre looking for an object, they sell these inflatable dolls.

and just mas****

sex you can find.

nothing to do with marriage.

a wife is a different story altogether

that much(little?) ive learnt in my short life.

im not gonna try to get drunk on kiddush.

if i want kiddush, ill make kiddush.

if i want to get drunk, ill drink.

you hear?

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Re: Im about to FALL!! Posted by kanesher - 22 Sep 2009 12:14

touche Uri!;D

Ok, now you got me laughing. You win.

But isn't that the question - who needs kiddush when you can get stoned?

Re: Im about to FALL!! Posted by kanesher - 22 Sep 2009 12:17

Yeah, but when you marry the doll it has several maalos -

1) Often, a lot of money

2) A clean house

3) A constant stream of incessant babble; does wonders as white noise.

And then you get to use her without any torah guilt, and you can even learn in Kollel.

See? Pity the fool who actually married a person!

Re: Im about to FALL!! Posted by kanesher - 22 Sep 2009 12:59 ====

Re: Im about to FALL!! Posted by the.guard - 22 Sep 2009 13:27

They say that after the act, the pillow is prettier than the woman.

Re: Im about to FALL!! Posted by kanesher - 22 Sep 2009 13:39

true. So?

Re: Im about to FALL!! Posted by Rage AT Machine - 22 Sep 2009 13:42

Kanesher,

Let me speak from experience: if there is no holiness in your life you will get bored/sick/frustrated with your wife no matter how beautiful she is. If you think that had you married the ditz you wouldnt be looking at other women then you are dead wrong. As a human, but especially as a lust addict, you will ALWAYS be hungry for more. Whether your wife is hot as aitch or not, it makes no difference at all. About three weeks ago, while in the middle of surfing for pr0n when that night my very beautiful wife was going to the mikva, i came upon this site and i said "i am not an animal." I wanted to regain some form of jewish dignity.

whether you are currently in a healthy, long lasting marriage, i dont know. But i do know that (1) you will NEVER be able to tell until you rid yourself of this addiction and (2) your addiction will

NEVER EVER make your life better and will absolutely never make you happier and it certainly wont convert your relationship into one that is a healthy long-lasting relationship.

Keep fighting

ratm

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Re: Im about to FALL!! Posted by MosheF - 22 Sep 2009 13:44

I'm laughing, Kanesher & Uri. Sometimes things look so different than they really are it's impossible for the person involved to see the clear truth, Kanesher, sounds like one of those situations.

Great post, RATM.

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