

GYE - Guard Your Eyes

Generated: 10 April, 2025, 11:56

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Grant400 - 29 Jun 2021 00:28

[lionking wrote on 28 Jun 2021 20:33:](#)

Markz answered already. Just on a different thread. See recent posts. Incognito mode will not stop your wife's Covenant Eye Partner from seeing what your doing.

Hatzlacha

edit: Markz answered on this one as well.

by the way, even on android which blocks screenshots from chrome incognito mode, most accountability software can still pick up the url you visited.

I have Truple which is like Covenant Eyes. It sends a special email that says that whatever site you visited was visited, yet screenshots can't be taken. So the person receiving the emails will

know every site, including what you searched for on that site...if that was your initial search.

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Re: I'm about to FALL!!
Posted by bb0212 - 05 Jul 2021 21:23

I just came across [a post](#) from @greenland55 in which he mentioned a filter named Pluckeye ([ipluck.net](#)). I never heard of it before, but being that I was looking for a free filter and none of the filters I saw that were available had what I was looking for, I decided to try it out.

While the filter does cost money, there is a sliding scale for the subscription fee as well as free options. It works entirely on the honor system as well.

Since I did not want to pay, I took a short survey instead.

The general idea of the filter is that it blocks all images and videos. You can block downloads and more, it is very customizable. What I really like was the timer - my internet shuts off between 12AM and 8AM.

There is a password option, but you don't necessarily need it. Instead, the filter is set up with a delay and any changes that you make don't take effect until the delay has passed. You set the delay time (up to 7 days) which historically has worked for me. Right now I set my delay for 2 hours, I may change it to 12.

The one downside is that it is not very user friendly or intuitive, but it seems like that is improving as well. (I had originally downloaded an old version - when I updated to the newest version, I saw many improvements to the interface.)

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Re: I'm about to FALL!!
Posted by kP9a26QN - 26 Sep 2021 19:03

Hi all. This is my first post on GYE. I'm writing here because I currently am at 16 days of no ?????? ??? ??????, maybe my second longest streak, and almost my longest streak, since I was a young teenager. I'm feeling a LOT of desires, though, right now, and am very worried I will fall today. In fact, I almost fell at least twice today but managed to come to GYE first and that

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bought me more time. The past couple of days I've been hanging on by threads. Every day has been a huge challenge but I really, really want to be clean once and for all. It feels impossible to think that I can win day after day. Thank you for your support!

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Re: I'm about to FALL!!
Posted by Gefen - 26 Sep 2021 20:24

Wow! I wish I would have your strength! Keep it up!

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Re: I'm about to FALL!!
Posted by DavidT - 08 Nov 2021 19:48

[kP9a26QN wrote on 26 Sep 2021 19:03:](#)

Hi all. This is my first post on GYE. I'm writing here because I currently am at 16 days of no ????? ??? ?????, maybe my second longest streak, and almost my longest streak, since I was a young teenager. I'm feeling a LOT of desires, though, right now, and am very worried I will fall today. In fact, I almost fell at least twice today but managed to come to GYE first and that bought me more time. The past couple of days I've been hanging on by threads. Every day has been a huge challenge but I really, really want to be clean once and for all. It feels impossible to think that I can win day after day. Thank you for your support!

Hi

How have you been doing?

Your chart seems to be showing that you're going in the right direction... Keep it up!

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Re: I'm about to FALL!!
Posted by Shaul5781 - 08 Nov 2021 19:56

hello! Have you already read the articles published in this forum about Smart Recovery? there are valuable techniques there that could be of great use. you are not alone we are here for you!

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Re: I'm about to FALL!!
Posted by 5Uu80*cdwB#^ - 24 Nov 2021 15:36

Hi DavidT,

Thank you for checking in. I am sorry for my delayed response, and I want you to know how appreciative I am that you and the other guys here care about me and each other. I feel regret that that I haven't been able to respond to the numerous kind people who have messaged me here on GYE. With Hashem's help I have made significant progress! Since my last post, I managed to make it to where I am now still clean and am nearing 90 days! I have a lot of thoughts that I want to share with the GYE community about my journey, but I will do that in later posts. Suffice it to say, I am pushing through day by day, getting closer to 90 days. Even this morning my yetzer was trying to shove fantasies into my head, but I said "No, I don't want you here!", and was able to distract myself and move on. I try to feel like a warrior with a single mission—doing ???? ?. I have been davening multiple times per day that I should desire nothing in the world than do to ???? ?? and to be disgusted by even the thought of violating a single halacha. I have seen other people here on the forum mention things about how this journey requires a personal transformation, and I thoroughly agree. It is 100% clear to me that to win this war, we have to come to DESIRE doing what's right (i.e., keeping the halacha with total precision and love) more than we desire to do what's wrong, and that requires a huge transformation of self through lots of learning and tefillah. I hope to share more of my thoughts in further posts. Please keep checking in! I apologize to anyone to whom I have been negligent in responding to on the messages.

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Re: I'm about to FALL!!
Posted by DavidT - 24 Nov 2021 16:21

[5Uu80*cdwB#^ wrote on 24 Nov 2021 15:36:](#)

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Thank you for this message.

There is so much that we can learn from what you're writing.

?Looking forward to hear more details about your journey.

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Re: I'm about to FALL!!
Posted by Ding - 16 Dec 2021 09:02

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Re: I'm about to FALL!!
Posted by Ruvi - 16 Dec 2021 09:22

Hey Tzaddik!

I'm rooting for you!

You could do this!

You are WAY stronger than you think!

?Fight him. You're strong!!!!

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Re: I'm about to FALL!!
Posted by 5Uu80*cdwB#^ - 16 Dec 2021 18:50

You can do it. We believe in you. I didn't think I would ever reach 90 days and now I have for the first time. For me the hardest battle was somewhere around where you are holding right now. I was in physical pain from the withdrawal and feeling like I was going to buckle from the discomfort. If you're only option is to just run, then just run. In these moments, it's exceedingly difficult to win an intellectual battle, so just run away from the scene. Literally. Just flee the area where you might fall. If you can make it through these withdrawal symptoms, you are well on your way towards lasting victory. We're davening for you! This is short lasting pain for an unimaginable eternal reward. Keep us updated.

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Re: I'm about to FALL!!
Posted by Lost In Search - 19 Jan 2022 02:07

Hi everyone!!!

I woke up today feeling like I need some sexual stimulation but bh I was able to resist the thought but when I was on my way home from shachris I bumped into a few inappropriately dressed girls that got me all turned on.

I have big nisoyon now to go on youtube to watch girls and to master ate.

I hope I will overcome nisoyon

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Re: I'm about to FALL!!
Posted by TheYoungerTwin - 19 Jan 2022 02:18

You can do it!!

i would recommend talking to someone or put your focus on something that will take you out of your head

(if that makes sense)

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Re: I'm about to FALL!!

Posted by cordnoy - 19 Jan 2022 02:27

[Lost In Search wrote on 19 Jan 2022 02:07:](#)

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What would your webchaver say?

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