

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by man - 21 Jan 2015 18:42

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Re: I'm about to FALL!!

Posted by man - 21 Jan 2015 18:43

test

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Re: I'm about to FALL!!

Posted by man - 21 Jan 2015 19:04

test

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Re: I'm about to FALL!!

Posted by man - 21 Jan 2015 19:05

test555

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Re: I'm about to FALL!!

Posted by man - 22 Jan 2015 13:10

test

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Re: I'm about to FALL!!

Posted by man - 22 Jan 2015 13:12

fall

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Re: I'm about to FALL!!

Posted by Oku - 14 Apr 2015 08:14

This is my first post/reply in GYE forum. I like how this platform looks out for its members. Indeed I'm not alone. Thank you Uru for this post. It'll indeed be of great help to a lot of us. However, I must confess that I still have difficulty using this medium effectively. Hopefully I will learn more with time.

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Re: I'm about to FALL!!

Posted by cordnoy - 14 Apr 2015 10:16

Welcome Oku,

Why don't you start a thread in the category called, "Introduce yourself"?

Lookin' forward to hearin' more.

Wishin' you success

Cords

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Re: I'm about to FALL!!

Posted by David26fr - 28 Apr 2015 08:48

Hello all,

But I have a big big attack of lust since, and it is very difficult to resist.

15 minutes ago, I was beginning to search for some lust on the Internet, and my head was out of control... But I remembered of my Tapshic neder !

One of my conditions was to go outside for 10 minutes.

I did so, and the cold time outside refreshed me, and the desire began to go down... Phew !

I am running to GYE and I pray that I can stay sober... only for the next hour

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Re: I'm about to FALL!!

Posted by dd - 28 Apr 2015 08:58

Hi David!!!

First of all mazel tov on reaching 90 days!!!

And now that you made it you see you can do it. Keep Up The Good Work and Keep In Touch!!!

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Re: I'm about to FALL!!

Posted by yiraishamaim - 28 Apr 2015 10:49

Mazel Tov

Wonderful News!

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Re: I'm about to FALL!!

Posted by pischoshelmachat - 28 Apr 2015 21:28

MAZEL TOV DAVID!!

How I envy you with Kinas Sofrim. I am davening for you that HKB"H should protect you. He should give you a few days vacation from the Y"H.

I am only at 35 days so to me you are a MALACH! I wish I could be at 92 days.

HATZLOCHA!!

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Re: I'm about to FALL!!

Posted by David26fr - 29 Apr 2015 17:06

Finally, the last day was terrible.

In the afternoon, I was like sitting on a burning chair, and thoughts were ruining my mind...

I was trying again and again to concentrate on my work, but it was more and more difficult.

I would insist now, that's my Tapshic that helped me to stay sober so long. Without it, I think that I fall in the first hour of the morning !

Finally, I went out to take some fresh air, and I returned to my desk.

But, after a few minutes, I was falling and was beginning to see lust on the net...
Thanks for all your cheering, they are so important ...

This lasted some time, but the hour to go out from the work was approaching, and this pushed me to stop.

During the return trip to home, in the subway, my brain had turned crazy, but I managed to calm myself. I was full of nausea about what I have see...

And I was thinking that I was better than that, than all the persons doing these abominable things, that Hachem want me to stay sober and to be a good person, to be good with my wife and my children, and to be a better human, not to be in the deep mud...

After, I was alone in the evening because my wife went to a shi'ur, and quickly a big envy to start a new descent into hell.

Hey, the Yetser Hara came to me in this evening and was saying "Today was horrible, tomorrow will be hell, so you must fall now, it is pointless to stay sober ! Do it NOW !"

But, you know, the principle is to take one day after another... And I managed to don't listen to him.

Thanks to Hachem, I manage to keep my mind clear, and I see a DVD of a film without ANY romantic scene that I didn't saw for months : "Oh, this is a good film, let's see it now".

So I spent all the time that my wife was outside to stay concentrated on this film, I was calm, and stayed sober.

And today, thanks to Hachem, the day was with some little desire, but much quieter than yesterday !

Yesterday I had this fall, but fortunately I didn't go to the end.

I don't want to think too much about it, just letting this down and keep moving forward.

Of course, I did the fine that is planned in my Tapshic

Sorry if I was a little long, but I want to share all this with you, and if it could help someone to get

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Re: I'm about to FALL!!

Posted by Palti-Yossef - 29 Apr 2015 17:35

AMAZING, thank you so much for sharing !!!

PS : I recognised totally when you spoke about nausea after some bad viewings..!

But hey, as you said, don't need to think to much of that for the moment, only the fact that you're still standing and you get off from desire is a huge accomplishment !

Sometimes I used to tell myself that if I had see some bad things then it was like a totally fall and then I would totally fall.

Anw thank you for the h'izuk !

And please let me know what will be your plans if this situation comes back because I face those one quite often !

Waiting for good news !

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