

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Dov - 23 Oct 2013 23:33

Your parents are the first people to speak with about all this, obviously.

How did that go?

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Re: I'm about to FALL!!

Posted by R76 - 23 Oct 2013 23:38

Can someone give me a constructive advice?

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Re: I'm about to FALL!!

Posted by David26fr - 30 Oct 2013 19:11

Oh my G.d, the Y'H is attacking me at work, he is attackling very hard and wants to me to run in

Many fantasies in my mind, very difficult to concentrate, I'm trying to concentrate with music

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a toilet and do it. Very very difficult

Re: I'm about to FALL!!

Posted by gibbor120 - 30 Oct 2013 19:38

Hang in there buddy. What are you doing "between" lust attacks to stay sober?

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Re: I'm about to FALL!!

Posted by David26fr - 30 Oct 2013 19:46

It's my first "real" lust attack since I started to be sober (since 20 days).

During these days, I got some soft attacks, but it was not very difficult to ignore them and to concentrate on another things...

Between attacks, I read the 'hizuk mails of GYE, I try to guard my eyes away of no-tzniut things like publicity or girls that are not tzniut...

I remember me that I am a dependant and that only Hashem can save me : so I pray many times that He helps me to stay sober.

I thing this is because I'm tired and in stress that Y'H is trying to make me fall because I'm much vulnerable to a fall...

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Re: I'm about to FALL!!

Posted by gibbor120 - 30 Oct 2013 20:03

Is there someone you can call to talk about how you are feeling now?

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Re: I'm about to FALL!!

Posted by David26fr - 30 Oct 2013 20:37

A member of GYE has contacted me by Google Chat, he is helping me to calm me down

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Re: I'm about to FALL!!

Posted by Dov - 31 Oct 2013 09:39

[R76 wrote:](#)

Can someone give me a constructive advice?

You mean a quick fix?

Not really. Oh, yes, there are band-aids, like 'run away' or whatever...but if you really want to get better and get your life more easy and right, then it is a process, not an event. Sorry. So I asked you:

First, how is the discussion with your parents when you bring up your concerns with them explicitly and clearly? As imperfect as they may be, they certainly care more about you than anyone on GYE ever can.

Can you just be clear about this, instead of jumping into irrelevant discussion about 'sinning'? Your life has bigger issues in it than your struggle with wasting sperm right now, chaver.

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Re: I'm about to FALL!!

Posted by R76 - 31 Oct 2013 23:58

I have a PhD in Mathematics, which I hate and no realistic chance for a job, but only G-d knows.

I have severe depression.

I am not addicted to inappropriate magazines but I am addicted to online arguments and video games.

I am dependent on others.

Thus my chances in this life are very slim. This is one of the reasons I want to return to observance.

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Re: I'm about to FALL!!

Posted by gibbor120 - 01 Nov 2013 01:14

[R76 wrote:](#)

Thus my chances in this life are very slim. This is one of the reasons I want to return to

observance.

Chances in life for what?

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Re: I'm about to FALL!!

Posted by R76 - 01 Nov 2013 02:05

[gibbor120 wrote:](#)

[R76 wrote:](#)

Thus my chances in this life are very slim. This is one of the reasons I want to return to observance.

Chances in life for what?

Chances of success.

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Re: I'm about to FALL!!

Posted by Pure Daniel - 01 Nov 2013 05:20

Life isn't about 'chance' you need to swap the 'c' for a 'g' 'CHANGE'

Life is about change.

You can make small changes that will produce BIG results.

Take a small step today and feel good about it.

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Re: I'm about to FALL!!

Posted by gibbor120 - 01 Nov 2013 18:52

[R76 wrote:](#)

[gibbor120 wrote:](#)

[R76 wrote:](#)

Thus my chances in this life are very slim. This is one of the reasons I want to return to observance.

Chances in life for what?

Chances of success.

Chances for success at what?

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Re: I'm about to FALL!!

Posted by R76 - 12 Nov 2013 05:29

Definitely Dov is right -- according to Torah parents are right.

Nevertheless, my problem is very common in secular Jewish community -- when a "child" is expected and pressured to be a professor, a doctor or a lawyer.

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