

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by R76 - 11 Oct 2013 06:22

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I just had a huge moral slip of looking at Apikores sites (not sexual...)

I hope I do not loose my commitment to the major commandments.

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Re: I'm about to FALL!!

Posted by ploni.almoni@gmx.com - 11 Oct 2013 07:26

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The gemara says that the desire for idolatry is no longer with us. I think you can take it.

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Re: I'm about to FALL!!

Posted by R76 - 11 Oct 2013 07:33

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>> The gemara says that the desire for idolatry is no longer with us.

>> I think you can take it.

I will stay away from that stuff as well as from other stuff.

Yerushalmi Hagigah 2.1 begins with a Misna mentioning a very strong prohibition against investigating the pre-Creation history. Yerushalmi Hagigah 2.1 XII -- XV further states that "It is the glory of G-d to conceal a thing" -- pre-Creation history. How could the rabbis know that the search for that history will give rise to Atheism in the 20th century CE?

That is precisely what weakens our faith and makes every other sin appear "natural".

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Re: I'm about to FALL!!

Posted by pinhaswarrior - 11 Oct 2013 09:08

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Thanks Dove for your help

I think i will do this and go when it will be created

I see that with GYE, the Hizouk, i made big progress (truth to my wife, try of real techouva with mouser, stop to see bad girls, filters....); but luxury is here, and when there is a tentation or a problem, I fall; less than before, but i fall.

So if I fall, it means i need a real help.

I will try - no i will do.

Thanks friend

I will tell you my progression i hope

ps: sorry for my english, you know in france they always think all the world peak in french and

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Re: I'm about to FALL!!

Posted by Dov - 11 Oct 2013 09:12

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the others language are bad taught  
[blom.alon@gmail.com](mailto:blom.alon@gmail.com) wrote:

You are starting a 12-step group of Jews?

What do you mean and who r you referring to, chaver?

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Re: I'm about to FALL!!

Posted by Dov - 11 Oct 2013 09:19

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The Gemarah beautifully tells us that the main reason we Jews served avodah zarah in the days of yore was to allow public sexual perversion and erotica. Certainly letting go of basic faith is a pathway to sexual trouble. Aldous Huxley also wrote that the main reason his fellow atheists despise religion is really just because they fear having any sexual restrictions, at all.

You are so right, chaver R76!

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Re: I'm about to FALL!!

Posted by David26fr - 11 Oct 2013 12:55

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I am in France too, and if this group of 12 steps will be created, it will be a very good thing

Besides, what about the possibility to create a thread where we can talk in french ?

Courage pinhaswarrior, you are on the right way !  
(Continue à progresser pinhaswarrior, Hachem voit tous les efforts que tu fais !)

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Re: I'm about to FALL!!

Posted by ploni.almoni@gmx.com - 11 Oct 2013 15:41

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[Dov wrote:](#)

[ploni.almoni@gmx.com wrote:](#)

You are starting a 12-step group of Jews?

What do you mean and who r you referring to, chaver?

I just didn't understand if SA is entirely new there and he is trying to get it off the ground or if he is trying start an SA group specifically for frum yidden.

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Re: I'm about to FALL!!

Posted by R76 - 15 Oct 2013 08:06

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This evening I had some thoughts about the magazines I threw away. Should I take Valerian to calm down?

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Re: I'm about to FALL!!

Posted by ploni.almoni@gmx.com - 15 Oct 2013 14:18

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I wouldn't do it. If you are an addict you could switch addictions to tranquilizers.

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Re: I'm about to FALL!!

Posted by Dr.Watson - 15 Oct 2013 16:29

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what do you mean by thoughts? panic? regret?

If so, don't worry about it, I had those when I deleted my stash too, it will pass. After the initial panic and feeling of loss, it passes you'll thank yourself that you did it.

When I deleted my stash I had a weird feeling of bereavement, like I'd lost a friend. Later I was very happy I took the plunge, and now I realise that I didn't lose a friend at all, it was a fraudster who made me think he was my friend while he laughed behind my back at how stupid I was.

It's hard. There's nothing wrong with feeling that.

Re: I'm about to FALL!!

Posted by R76 - 15 Oct 2013 18:44

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>> If you are an addict you could switch addictions to tranquilizers.

I do not think I am really an addict.

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Re: I'm about to FALL!!

Posted by R76 - 15 Oct 2013 18:51

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>> what do you mean by thoughts? panic? regret?

I mean inappropriate thoughts...

For me the main issue is keeping motivated to change.

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Re: I'm about to FALL!!

Posted by Dov - 15 Oct 2013 23:24

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R76 (boy, i feel weird calling a person a fake name, let alone *a number!*), when Dr Watson was talking about how you feel, I think his main point was just that if you mean you feel like pulling those magazines back out of the trash, that is not a problem. Feeling the *desire* is not 'wrong' - it is just the truth. Rather, it is *acting on them* by doing it, that is 'wrong'.

Desiring is not even a sin in any respect. It is harboring the desire that is a problem of kedusha and can be an issur of Lo Sasuru. Sasuru means to turn after it - not to have the idea or desire.

And when you write 'inappropriate', it makes me want to ask you if you are struggling with struggling? Is that what u r aiming for? Not *wanting*?

To go from *buying nude magazines and masturbating yourself....to not even wanting or desiring them*, is quite unrealistic - no, *mon frere*? Is that what you are doing? Or have I misunderstood you?

Please feel free to explain and set me straight.

This is so precious for me, for I cannot afford to fool myself about what I am working on and what avoda is actually before me.

- Dov

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