## **GYE - Guard Your Eyes**

Help!!!!!

Generated: 1 August, 2025, 12:13

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows, we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute. Sometimes the emergency units don't have enough time to respond to put out the fire, or are simply unaware of the emergency.

In any case, I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort, even a chashash, post here IMMEDIATELY! And well come to your rescue as soon as possible, iy'h.

You can post your emergency here, or give us a link to your thread where you can speak about your emergency. And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles, I am putting one in the women's section, and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Vishing everyone the best-Uri
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Re: I'm about to FALL!! Posted by thatguyoverthere - 04 Sep 2013 12:53
Please pray for me RIGHT NOW!!!

Im going crazy!!! Praying and weeping while trying to stay focused on my work here in my office.

If theres anyone out there who knows what Im going through please pray for me right now!!

After posting this I will put the phone far far away from me and promise not to touch it until I go home for the day. Im afraid I will fall otherwise.

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Re: I'm about to FALL!! Posted by thatguyoverthere - 04 Sep 2013 14:35
On my way home from work now. Update: victory over Y"H!!!
This was one of the hardest days is it gonna get worse???
Horrible horrible roller coaster
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Re: I'm about to FALL!! Posted by Dr.Watson - 04 Sep 2013 15:52
I understand what you're going through.
Take very deep breaths for a few minutes, I mean really deep and try to relax.
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Re: I'm about to FALL!! Posted by thatguyoverthere - 04 Sep 2013 16:23
Shana tova!
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Re: I'm about to FALL!! Posted by moish u.k 04 Sep 2013 16:36
thatguyoverthere wrote:

On my way home from work now. Update: victory over Y"H!!!
This was one of the hardest days is it gonna get worse???
Horrible horrible roller coaster
This too shall pass
Stay with the process
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Re: I'm about to FALL!!  Posted by skeptical - 04 Sep 2013 19:06
Sometimes you just need to get around a bend to have open road.
Don't get discouraged, just hang in there.
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Re: I'm about to FALL!! Posted by inastruggle - 04 Sep 2013 23:21
Great job,
It does get easier after a while, but until then hang on with us.

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3- Keep posting!
4- Try being a lot clearer about what your stuff is really about. For example: Exactly what are you considering <i>doing</i> ? Specifically what or who are you obsessing <i>about</i> ? No fear (shame) is needed - and if you feel it is risky to post or feel too ashamed or think it will be too explicit and would give people ideasthen find people to call and talk to openly and let it all out.
you asked for some ideas. These are what I and many others did, and do.
It works.
The old way works, tooto masturbate again.
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Re: I'm about to FALL!! Posted by inastruggle - 09 Sep 2013 05:37
Dov wrote:
1- Keep your chin up! (and even if if you don't, still remember to)
2- Keep your zipper up!

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Re: I'm about to FALL!! Posted by tehillimzugger - 11 Sep 2013 01:44	
inastruggle wrote:	
Dov wrote:	
1- Keep your chin up! (and even if if you don't, still ren	nember to)
2- Keep your zipper up!	

What's so funny?
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Re: I'm about to FALL!! Posted by inastruggle - 11 Sep 2013 01:57
"Analyzing humor is like dissecting a frog. Few people are interested and the frog dies in the end."
-E.B. White
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Re: I'm about to FALL!! Posted by Dr.Watson - 11 Sep 2013 12:36
inastruggle wrote:
"Analyzing humor is like dissecting a frog. Few people are interested and the frog dies in the end."
-E.B. White
Is it always a bad idea though?
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