

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Oyyvey27 - 03 May 2013 02:02

Will I ever be free ? Will I ever get over this? Will my mind stop always be turning to lust to porn to get out of "life" for a few minutes? Will I ever not what to turn to porn when I come home after a long a exhausting day and have a few minutes of quite? Will life (or at least life how I want life or maybe how life's meant to be) always be a struggle?? Maybe I need to give in except what my matsov us and try to live with it? At least not get so caught up in fighting it that it takes over? Takes so much koach out of me? Yea it sounds like a " cop out" to me to But at least I'll be living the rest of the time. Granted life's not good with watching porn and masturbation but maybe if I accept it and try to to let it bother me it won't so much. Why why why.

Please set me straight

I know a lit if this sounds crazy and I should "man up" and deal with the problem not except to the point that I believe it will or it can't ever change so I could keep on doing it.

I know but right now I'm not sure which I really believe

I'm not sure what's in my "heart"

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Re: I'm about to FALL!!

Posted by Oyyvey27 - 03 May 2013 14:34

Here's a post that I post on my introduction tread

guardyoureyes.com/forum/19-Introduce-Yourself/206131-Heres-my-story-Please-help

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Re: I'm about to FALL!!

Posted by Oyyvey27 - 05 May 2013 18:14

Had two good das bh shabbos was uplifting. But I feel like in slipping like h don't have the strength for this fight.

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Re: I'm about to FALL!!

Posted by AlexEliezer - 05 May 2013 19:09

[Oyyvey27 wrote:](#)

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Please set me straight

You've got it straight. Your Y"H, your Addict will continue to tell you lie after lie to get his drug. Feeding the alligator your fingers so that he won't kill you and eat you is foolishness, no?

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Re: I'm about to FALL!!

Posted by Oyyvey27 - 05 May 2013 21:39

i know your right alex

i just want to feel it

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Re: I'm about to FALL!!

Posted by MBJ - 05 May 2013 22:09

Oyyvey,

You came here to this forum just like the rest of us came here, because we were not happy with the status quo, because we realize that what we are doing is wrong and self-destructive.

You may be feeling now that it isn't so bad, but that is your desire talking, you know that when the deed is done, you will feel bad about it and wish you hadn't done it in the first place because there is no real good in it. It is just sheker.

Hold strong, even for just a little bit longer. Keep the fight alive, don't be meyaeish. Give your trust to Hashem, and anything is possible.

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Re: I'm about to FALL!!

Posted by newbeginning - 06 May 2013 21:21

I'm about to faLL!!

IN the end I found an unfiltered computer and looked at inappropriate stuff! but I pulled myself away and havnt spilt anything! Just don't wanna fall, but I feel like I have gone too far already, I might as well go the extra distance.

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Re: I'm about to FALL!!

Posted by reallygettingthere - 06 May 2013 22:27

I was in the same situation as you recently. I know how you feel. Others have been in this situation as well.

DON'T DO IT!!

You dont have to fall.

Just do something else. Anything.

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Re: I'm about to FALL!!

Posted by newbeginning - 07 May 2013 10:31

First time in my life I didn't fall after a situation like that! Unbelievable! I was fighting for hours!! I

went cycling to get out the house for a bit as I was home alone, but when I came back I still felt the urge! But I succeeded :D

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Re: I'm about to FALL!!

Posted by Blind Beggar - 07 May 2013 15:21

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Re: I'm about to FALL!!

Posted by zvi - 08 May 2013 01:18

Amazing! Keep going!

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Gevaldig!

Re: I'm about to FALL!!

Posted by Feivel - 08 May 2013 12:33

I'm on the edge here too. I fell yesterday and stumbled badly this morning. I feel disconnected from everything and everyone around me. Hashem seems to have turned his back on me and my mind has been sinking into some especially stinky mud lately. I've tried the meditation tips given elsewhere on the site and wasn't able to keep my mind out of the gutter long enough to even build the simplest positive image (in fact, the harder I tried, the clearer and more frequent the undesirable images were). At the moment I seriously wonder what the point is in trying to lift myself out of the mire.

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Re: I'm about to FALL!!

Posted by reallygettingthere - 08 May 2013 20:26

Feivel,

As long as you are still fighting you have a chance.

I think that's a great reason not to give up.

Don't give up!

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Re: I'm about to FALL!!

Posted by Machshovo Tova - 08 May 2013 20:33

We get rewarded for our efforts, regardless of the outcome.

Hatzlacha

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