

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by obormottel - 29 Jan 2012 16:34

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You may fall again, just don't fall TODAY.

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Re: I'm about to FALL!!

Posted by Gevura Shebyesod - 29 Jan 2012 16:47

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KOMT!!!!

Gevura!

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Re: I'm about to FALL!!

Posted by Hashem Yaasfeni - 01 Feb 2012 17:43

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**Here is the answer to all our troubles in five short chapters!!! Just follow the steps !!**  
**There Is a Hole in My Sidewalk**

## **Autobiography in Five Short Chapters**

*By Portia Nelson*

### **Chapter One**

I walk down the street.

There is a deep hole in the sidewalk.

I fall in.

I am lost...I am helpless.

It isn't my fault.

It takes forever to find a way out.

### **Chapter Two**

I walk down the street.

There is a deep hole in the sidewalk.

I pretend that I don't see it.

I fall in again.

I can't believe I am in this same place.

But, it isn't my fault.

It still takes a long time to get out.

### **Chapter Three**

I walk down the same street.

There is a deep whole in the sidewalk.

I see it is there.

I still fall in...it's a habit...but,

My eyes are open

I know where I am

It is my fault.

I get out immediately,

### **Chapter Four**

I walk down the same street.

There is a deep hole in the sidewalk.

I walk around it.

### **Chapter Five**

I walk down another street.

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Re: I'm about to FALL!!

Posted by Reb Yid - 08 Feb 2012 04:14

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Hi Long Beach

I don't really know you or your story. I just had one question for you: What are you doing to ensure that you don't fall again? When you fall, you must get up. This is true. But how are you planning to stop yourself from falling? Are you a member of SA? Do you go to meetings? Are you working the 12 step program? Anything else? if the answer to all of the above is "No. I am just fighting harder, and determined to keep fighting forever if necessary!!" then I'm sorry to say it, but it probably won't work. Wanting to stay clean doesn't keep you clean. Doing something about it might. If you are, then kindly disregard this message!!

If you'd like to talk about it, feel free to PM me.

Hatzlocha!!

Reb Yid

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I looked and thought but didn't touch. Please help. What about you?

Posted by elie - 20 Feb 2012 00:54

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I looked and thought but didn't touch. Please help. What about you?

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Re: I'm about to FALL!!

Posted by tehylimzugger - 20 Feb 2012 14:48

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hi elie.

did you read the handbooks? are you working on some kind of program?

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Re: I'm about to FALL!!

Posted by maamin4ever - 24 Feb 2012 06:06

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dear friends, I am writing this. Because simply put I have given up and just don't know what else to do. Have gone through keeping clean for one and half years for two times and both crashed. Started the big book and 12 step meetings, and just don't get it. I feel this is it , and maybe I am the exception that the program doesn't work for. I simply don't know what is going wrong and what else I could or should do. Please help!

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Re: I'm about to FALL!!

Posted by mechazek - 25 Feb 2012 21:24

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I am so happy that you are here there are some great people on this site.I am thinking of you.Hatzlochah rabah

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Re: I'm about to FALL!!

Posted by mifatfait - 26 Feb 2012 23:20

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no, no, don't give up!

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Re: I'm about to FALL!!

Posted by leppy - 14 Mar 2012 13:41

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Im not going to fall, im not going to fall, im not going to fall, im not going to fall

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Re: I'm about to FALL!!

Posted by tehylimzugger - 14 Mar 2012 14:08

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that's true!

you're not.

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Re: I'm about to FALL!!

Posted by JackAbbey - 14 Mar 2012 14:20

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hey there! why not jump in the mud! roll in it! stink with it! until you loose everything, every bit of normality for that crap.

close the door and scream to hashem "help me to see the truth"

its only a scary monster if you are scared from it

if you know that you are stronger then him, then its just an awfull disgusting addiction

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Re: I'm about to FALL!!

Posted by alexeliezer - 14 Mar 2012 14:50

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[leppy wrote on 14 Mar 2012 13:41:](#)

Im not going to fall, im not going to fall, im not going to fall, im not going to fall

It's "Hashem, please save me from this temptation, please take my lust, I don't want to lust."

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I'm about to FALL!!

Posted by rebdovid - 22 Mar 2012 21:12

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I looked and touched briefly for a few seconds not enough to... can someone help me determine if I fell.

If so I will probably fall again and again if not there is a good chance I won't and stay clean for a while, I just want to be honest with myself.

Thank you.

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