

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by ZemirosShabbos - 22 Nov 2011 20:28

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Re: I'm about to FALL!!

Posted by shemirateinayim - 04 Dec 2011 15:50

I have my wife sitting right next to me, thinking this is day 5. and my incongnito browser is open to the nicest porn I have found on **[REMOVED BY ADMIN - PLEASE DON'T POST HOW YOU FIND PORN OR BYPASS YOUR FILTER. THANK YOU]**. Don't worry i saved the search term in draft emails, so that even if I overcome this nissayon, it will be waiting for me the next time.

i don't want to do it, i don't have any interest in doing it, i am really sick (no connection to the

addiction- sorry DOv), and I won't rest as long as I can be on the computer! i get sicker every day, and keep wasting all my waking hours on HERE. but naturally the addiction chooses, even for 1 minute it's worth it. Even with my wife catching me, nu so what? mybe i can get her to also enjoy it?

mybe I am finnaly gonna see the bottom of the pit? [Even though R bards says it's only relative]. So to rephrase mybe i should just let this happen, untill I am fed-up enough to surrender my will in all areas of my life. To surrendered olam hazeh for an olam ruchni.

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Re: I'm about to FALL!!

Posted by shemirateinayim - 04 Dec 2011 15:53

Anonimity to the wind. I'm open for anyone on Gmail--- even gmail voice/video.

midashayesod@gmail.com

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Re: I'm about to FALL!!

Posted by obormottel - 04 Dec 2011 15:57

I can hear my Yetzer talking.... through your post. Falling "one last time" so that you can see the botom of the pit is malarkey. You're on the bottom if you can't control it, but you can't see it, because I could never see it.

But the truth is, even your Yetzer wants you to NOT succumb. So don't!

G-d love you.

Mottel

P.S. Sorry can't take you up on google chat - my kids are in the room. Stay strong.

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Re: I'm about to FALL!!

Posted by shemirateinayim - 04 Dec 2011 16:49

i'm fallign to peices....

...no kidding.

Mybe some chesbon hanefesh, and quiet time away from the computer.

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Re: I'm about to FALL!!

Posted by Me3 - 04 Dec 2011 19:40

Put on your sneakers and run away from it all literally and figuratively

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Re: I'm about to FALL!!

Posted by Dov - 04 Dec 2011 20:07

Are you saying that you are unable to remain sober?

Then come out and say it. And I will join you.

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Re: I'm about to FALL!!

Posted by shemirateinayim - 04 Dec 2011 21:30

I cannot stay sober

I am powerless over my lust

Lust is a power greater than me

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Re: I'm about to FALL!!

Posted by obormottel - 04 Dec 2011 22:14

beautiful!

that's exactly how I feel.

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Re: I'm about to FALL!!

Posted by Dov - 05 Dec 2011 00:03

Good morning.

Take it easy, amigo.

8)

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Re: I'm about to FALL!!

Posted by In control BSD - 05 Dec 2011 19:33

help. i joined a few months ago, at first was great for me, was clean for a week. then went to

visit family abroad, and fell back into it, been like this since, about 6 weeks now, what should i do. where do i start. ok im gonna start the 90 days again!

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Re: I'm about to FALL!!

Posted by obormottel - 05 Dec 2011 22:52

Welcome BSD,

start by opening your own thread and post away. Great tools are available here for those who want them.

Hatzlocho.

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Re: I'm about to FALL!!

Posted by obormottel - 05 Dec 2011 22:53

[dov wrote on 05 Dec 2011 00:03:](#)

Good morning.

Take it easy, amigo.

8)

you first. 8)

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Re: I'm about to FALL!!

Posted by Hashem Yaasfeni - 15 Dec 2011 20:32

Hey neshama,

Do you want to stay together with your guf ? You had better realize that the bottom can be real low and miserable...

Why not do as i did and replace the voices in your head telling you to act out etc and instead download some shmiras eynayim clips and listen to them. I have done that and am feeling strong and powerful and FREE !!! have passed 50 days and have no intention of going back, as long as HKB"H helps me along the way.

I STRONGLY suggest you download some clips and listen on your MP3 player and I am sure it will help you, especially when you may lose focus and become vulnerable. I can say this is one of the most powerful tools to help you mainly i think because we have little urges in the back of our head but when we have the holy and loving voice of Dovy he replaces any thoughts of falling. Just try it for a week and see how that goes and let me know.

GYE has given us many tools to help us out of this mess. WE have no more excuses !!!! Its up to you if you have the will to do it.

You can download the Shmiras eynayim clips here:

guardyoureyes.com/live/component/zoo/item/windows-of-the-soul-group

With love and support,

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