

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by shteighecher - 04 Aug 2011 20:39

What do you have ?can we look at the half that is full ? is it only half full or maybe more.

Thank you Gevura for helping me. Together WE CAN.

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Re: I'm about to FALL!!

Posted by Chasdei Avos - 24 Aug 2011 03:00

please sto p me i am about to shut this site and move on to indulge... i need chizuk, after being clkean for almost two years, then fell last week and this week. hopiong that io did not lose everything i worked for so hard with Hashems help.pleeeaaase

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Re: I'm about to FALL!!

Posted by mechazek - 24 Aug 2011 06:53

I care for you so much.

Please take it one moment at a time, just turn away and say a tefillah a real heartfelt tefillah. Just do it for this minute as soon as you are about to press the key daven to Hashem to Hashem that what you are looking for in the porn you should find with him. You can do this over and over I do it tens of times a day.

Hatzlachah.

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Re: I'm about to FALL!!

Posted by Holy Yid - 24 Aug 2011 07:47

Don't panic that makes it worse. Let go. ask Hashem for help. He will provide it.

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Re: I'm about to FALL!!

Posted by Chasdei Avos - 24 Aug 2011 16:35

thanks chevra. Mechaek: sounds like good advice, but I was so weak that I do not know if I could have or wanted to stop and daven to Hashem. I think I just wanted to indulge myself. This morning was even harder. How can I stop myself from spiralling out of control into a free fall. I am actually free falling, the only question is if I can stop on my way down, before I splat my guts on the floor

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Re: I'm about to FALL!!

Posted by ben durdayah - 24 Aug 2011 16:50

Very Simple.

(Repeat after me three times, out loud):

I do not HAVE to, if I do not want to.

I will not die if I do not _____(fill in the blank).

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Re: I'm about to FALL!!

Posted by Chasdei Avos - 24 Aug 2011 16:56

ILL TRY IT. THANKS

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Re: I'm about to FALL!!

Posted by ontheedgeman - 28 Aug 2011 01:56

soak yourself in Torah!!! Drag yourself to the Beis Midrasha and learn learn learn. Avodah Zara.

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Re: I'm about to FALL!!

Posted by futuregadol - 02 Sep 2011 01:46

I feel if I don't get some chizuk soon i'm going to fall. please help!!!

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Re: I'm about to FALL!!

Posted by yedid_nefesh - 02 Sep 2011 13:12

why don't trying just till holding on till tonight. Then when you daven kabbolas Shabbos tonight you will be so happy that you held pack, you'll fell on top of the world I guarantee

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Re: I'm about to FALL!!

Posted by helpfyi - 02 Sep 2011 15:09

i'm going a weekend bar mizvah this shabbos and i'm scared i'm gonna look, i don't feel strong enough that i will be able to hold back!!!

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Re: I'm about to FALL!!

Posted by Dov - 04 Sep 2011 21:48

Well, are you strong enough, or are you not?

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Re: I'm about to FALL!!

Posted by helpfyi - 05 Sep 2011 20:03

defiantly better then in the past but not as good as i can be.... still got work to do.....

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Re: I'm about to FALL!!

Posted by Dov - 06 Sep 2011 17:10

The reason I asked is because I am definitely not strong enough. I am dead serious. It's a Chessed that I am not distracted by the women most of the time.

Whereas, all my history proves I am able to accomplish by *my own* best thinking and *hard work* was trying as hard as I could to get a little distracted by the bar-mitzvah or wedding I was attending! The women - whether I fought it or not - were clearly and by far, the overriding main focus of my personal attention and thought.

To me, what is the difference between focusing totally on fighting the lust, or actually lusting? Very little in the long run. I see it as exactly like being chased by a rosho in a car: eventually I will get tired - he has a full tank of gas and I cannot run 300 miles. So why try at all? **I need to get off the road**, period. That's what I mean by surrender and giving up. Trying a totally different path than the one I was always on.

I do not know what you need to do.

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