

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Jooboy - 17 Feb 2011 15:49

I generally don't try to use Torah, Yiras Shomayim and the like to address this addiction as it does not really seem to work for someone who is not just tempted but is actually ill with the disease of addiction.

However....I have found that learning while walking down the street is a really amazing tool to not be distracted by all the triggers that are ever-present...and its nice to get to know a lot of mishnayos by heart. Just add a few words per day and before you know it they really start to pile up.

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Re: I'm about to FALL!!

Posted by im not alone - 17 Feb 2011 19:41

bucher14

how are you doing?

if occupation makes it much easier for you to hold back -as it is by me-, why not put some effort and think about something you would enjoy doing (for me i thought of learning how to type fast, so i downloaded a program, and b"h its way easier to control myself, and in the same time i'm improving my typing, although I've a long way to go)

hold on tight brother

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Re: I'm about to FALL!!

Posted by abie14 - 28 Feb 2011 01:14

i need help. im rly thinking of going on porn. i know what site.please help now!

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Re: I'm about to FALL!!

Posted by Maccabee - 28 Feb 2011 01:16

Right back at you...What's up?

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Re: I'm about to FALL!!

Posted by Maccabee - 28 Feb 2011 01:18

What time is it by you? Could u just turn off the computer and go to bed? You don't NEED to go and do it. Now is the great test. Now you can make Hashem PROUD!! Do what you KNOW is

right.

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Re: I'm about to FALL!!

Posted by bardichev - 28 Feb 2011 01:25

Walk outside

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Re: I'm about to FALL!!

Posted by Maccabee - 28 Feb 2011 01:26

um...Abie...where'd you go?!?!?!?!?! You guys make me so nervous!! Hope everything is alright. Even if it isn't MAKE SURE TO POST SOMETHING. WE AIN'T JUDGING. We've all been in your situation. Just breathe out and talk. We can take a punch or two.

-Mac

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Re: I'm about to FALL!!

Posted by Dov - 28 Feb 2011 01:27

[abie14 wrote on 28 Feb 2011 01:14:](#)

i need help. im rly thinking of going on porn. i know what site.please help now!

Dear "Abie14",

Please see this link and you will be magically saved:

<http://www.guardyoureyes.org/forum/index.php?topic=3591..msg98736#msg98736>

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...it works every time.

Honesty and a kick in your behind is what you need, not sympathy, brother; and not people running to 'rescue you' from being "oiver on an aveiro again". This porn use is not evil, it's stupid and immature.

...unless you are an addict - then you really have your goose cooked. Either way, it is time to grow up, for all of us.

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Re: I'm about to FALL!!

Posted by MovingUp - 28 Feb 2011 19:33

I'm feeling very weak and I know what always comes after this feeling. I need to nip this in the bud before it happens.

If anyone is around, I could really use some help.

Thanks

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Re: I'm about to FALL!!

Posted by Sturggle - 28 Feb 2011 19:38

Hey Moving, what's going on? Where are you (Israel/US/Other)?

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Re: I'm about to FALL!!

Posted by Dov - 28 Feb 2011 20:53

[David/Rage wrote on 28 Feb 2011 19:39:](#)

every single time i grapple with lust, i fall eventually...thats the sad truth...if i ever dare ask myself the question, "will i fall or will i not fall" the answer is always "fall."

Same here, exactly.

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Re: I'm about to FALL!!

Posted by miracles - 06 Mar 2011 20:19

Hey guys I'm at home alone right now (I'm visiting my family) and there is a computer in the house without a filter. My tавvаh is really setting in... I know how detrimental this will be to me, especially since today is my one week mark. I really don't want to do it, I want to get out of the house as soon as possible. However, none of my friends are answering their phones.

Any thoughts on how to stay strong?

Keep in mind, I'm not in the state of mind where I'm thinking rationally.

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Re: I'm about to FALL!!

Posted by miracles - 06 Mar 2011 20:22

Ahhhh that was my friend Baruch Hashem, I'm going over to his house now. Just hope I can manage to get out of the house without touching that computer downstairs. Pray for me yidden!

Love,

Miracles

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Re: I'm about to FALL!!

Posted by an honest mouse - 10 Mar 2011 13:39

hey miracles, how did it go?

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