

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Reb Yid - 09 Feb 2011 05:50

I just hit day 20. I'm still holding on, but I'm afraid of what tomorrow might bring. Anybody available for an energy surge to get me through this hump?

Everything went wrong today. My job. My wife. My mother. My finances. My chavrusa. EVERYTHING!!!

Usually when that would happen depression would set in and I would look for escape in the best way I knew how. I am now looking for an alternative escape.

I'm going to sleep soon and I'll be ok until tomorrow. But if I don't set my mind straight.....

Please Help!!

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Re: I'm about to FALL!!

Posted by Rising Up - 09 Feb 2011 06:19

GO TO SLEEP NOW!!!

Oh!! Yeah. Wake up on time and whatever comes up first, and I mean WHATEVER comes up first, whether its something to be done for your wife, for your job, your mother, chavrusah, whatever, it doesn't matter; do it ten times better than you would on a normal day. Put all of your energy that you think you have been given for the entire day into this one task. It could be making breakfast for your wife. It could be calling your mother. It could be working out your finances or coming an extra minute early to your chavrusah. Do it with everything you got. It doesn't matter what, how or where. When you start off the day this way, I guarantee, I repeat: I GUARANTEE you that it will effect everything that you do for the rest of the day. It really doesn't matter what it is. Just start off on the right foot and you will end up going a lot farther tomorrow than you did today. Oh, and forget about today for at least another 24 hours. in fact, forget about it forever.

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Re: I'm about to FALL!!

Posted by MovingUp - 11 Feb 2011 16:03

Anyone there? I need help. I'm My longest streak in a long long time.

But I'm feeling weak and found a huge hole in my internet filter.

I Dont want to fall.

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Re: I'm about to FALL!!

Posted by Lechayim - 11 Feb 2011 16:14

Don't fall. You will feel horrible. This fun is only for the time of 10-15 minutes . What do you have later doom and gloom , no true joy! Shabbos Kodesh is coming how are you goona face the Shabbos with a fall?? Tell the Yh your to busy today.

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Re: I'm about to FALL!!

Posted by Reb Yid - 11 Feb 2011 16:32

Lechayim is right!!! It's just not worth it. I was almost there a few days ago, and It's amazing how good I feel now knowing that I didn't blow it.

I am going to take out my Tehillim now and say a few Perakim for you. Try to do the same.

Is there anything specific in your life that you are missing? Job, health, family, anything? You have before you an awesome opportunity to secure a Beracha from Hashem that is immeasurably powerful. Keep that in mind while you overcome this latest attempt by the YH to bring you down.

I am going to daven for you now.

Please post the good news soon!!!

HOLD ON!!!!!!!!!!!!!!!!!!!!

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Re: I'm about to FALL!!

Posted by Lechayim - 11 Feb 2011 16:40

Reb Yid is right make believe the world is half and half good and bad. It's in your hand now to change the world to all good. Cmon you can do it. Put on some hersiga Music. Get up jump away , pause call someone. You can do it!!!

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Re: I'm about to FALL!!

Posted by MovingUp - 11 Feb 2011 16:44

My program to download the movie just crashed and the p*** i was downloading got lost!! B'h I didn't even see any of it. I'm taking the hint to get off the computer. no more internet today. gonna tighten up the filter settings.

Was that your tehilim that did that? I'm going to say a couple of kapittelach myself. this just

illustrated how much I still need Hashem's help.

Lechayim and reb Yid - The menucha I have this shabbos will be all thanks to you. This forum is full of so many tzadikim, its amazing. I'm in awe of all of you

good shabbos

MovingUp

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Re: I'm about to FALL!!

Posted by Reb Yid - 11 Feb 2011 16:52

HOORAY!!!!

TEHILLIM ROCKS!!!

My Menucha will be that much better as well knowing that there is a special Yid out there who had the Siyata Dishmaya to overcome the YH.

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Re: I'm about to FALL!!

Posted by Lechayim - 11 Feb 2011 16:57

I had the same thing a couple of weeks happen to me. I was about to chat with a fem and i started typing in English. all of a sudden it changed Languages to Loshon Kodesh (Ivrit) out of the blue. The fem could not understand what i was writing, BH it ended before we started. I was saved from Shmuts I know you computer geeks will say big deal you pressed the button to make it change which is very simple, believe me it never happened to me and i didn't know about it, cause if i would i would fix it then back to english. Bottom line is HASHEM watches us if

we beg enough to help us!! GIT SHABBOS!!

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Re: I'm about to FALL!!

Posted by ZemirosShabbos - 11 Feb 2011 17:06

wow

such gevaldiger heiliger yidden

helping out a fellow yid

ashreichem!

and glad the %^\$*& stuff crashed

we are much more precious than all that garbage

fake manufactured imaginary scenes of real people being exploited and taken advantage of for money

people who (unfortunately) need drugs to function off-screen because of the deep scars on their psyche caused by being debased and devalued

enjoy the feeling of being clean and not having fallen in to the cesspool

have a super shabbos

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Re: I'm about to FALL!!

Posted by Rising Up - 11 Feb 2011 17:18

[MovingUp wrote on 07 Feb 2011 19:58:](#)

I've tried everything except for asking Hashem to help. I obviously can't beat this on my own. And I'm scared of falling. But the only thing I am scared of more than that, is admitting I need hashem's help to deal with this. What is wrong with me??????

MovingUp wrote on 11 Feb 2011 16:44:

Was that your tehilim that did that? I'm going to say a couple of kapittelach myself. this just illustrated how much I still need Hashem's help.

good shabbos

MovingUp

WHAT NOW!?!?! ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D

YOU ASKED FOR IT. HE RESPONDED LOUD AND CLEAR

B'CHVODO UVIATZMO

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Re: I'm about to FALL!!

Posted by MovingUp - 14 Feb 2011 01:46

B"H. thank you guys.

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Re: I'm about to FALL!!

Posted by chassid84 - 14 Feb 2011 15:34

Shalom everyone! I'm so glad I found GYE, the situation has grown to be out of control. Yesterday morning I woke up to my yetzer hara attacking me full force. I was able to resist the urge to fall (barely) and ran to kollel to learn Torah. But throughout the day, lust and fantasies just wouldn't stop. As soon as I returned home last night, it was as if I was possessed or something...and before I knew it I fell. Even worse, I fell again a few hours later. I feel so weak and disgusting. How can I even call myself a true Yid or even a chassid?! Around this time last year, I was shomer for almost 90 days. It was the best time of my life; just walking outside in nature was a spiritual experience for feeling so close to Hashem and perceiving his kedusha in everything. Since last summer I haven't been able to get back to that level; but have had a slow an steady decline. Though I use to fall daily (a few years back), now its a few times per month....which is still completely unacceptable.

I want to shomer for life, more than anything else in the world. But now I feel so distant from Hashem. I don't have t.v or internet, but still fall into this destructive avara. Now that I know and have experienced the repercussions, I'm absolutely horrified by the potential hell and punishment I may go through this week from my recent fall. Though I arise early for davening, mikvah daily and try to be the best Yid I can be, once again I feel worthless, hypocritical and weak. What else can I do to stop?!!! Please help me!!

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Re: I'm about to FALL!!

Posted by ZemirosShabbos - 14 Feb 2011 15:38

hi chassid 84 and welcome to this holy place

may i suggest that you make a thread in the 'Introduce Yourself' section so you can be welcomed by the chevra? here is the link:

www.guardyoureyes.org/forum/index.php?board=19.0

stick around here and read up about all the tools and practical advice on how to live with this addiction and you will see that it can be done and you can live a live true to your self and to Hashem

ZS

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