

don't want it don't need it .....

Posted by mggsbms - 19 Sep 2011 21:57

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i've been here for some time, ups and downs, twice 120 days and once 90, but i am still falling. i need your help. i so wish i wouldnt have this struggle it is something i so don't want, i just get these cravings and not able to control myself, is it addiction who knows, got to run now hope to be posting more often.

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Re: don't want it don't need it .....

Posted by mggsbms - 22 Nov 2011 21:23

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[gibbor120 wrote on 22 Nov 2011 19:57:](#)

[mggsbms wrote on 11 Nov 2011 18:43:](#)

a good filter is a **most** !!

. It's the least you can do... and yes it is a **must**.

I hope you didn't make it as a goal to fix all my speeling mistakes..... because there are many

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Re: don't want it don't need it .....

Posted by gibbor120 - 22 Nov 2011 21:24

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I don't even have a goal of fixing my own spelling mistakes.

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Re: don't want it don't need it .....

Posted by mggsbms - 22 Nov 2011 21:26

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[mggsbms wrote on 22 Nov 2011 21:23:](#)

[gibbor120 wrote on 22 Nov 2011 19:57:](#)

[mggsbms wrote on 11 Nov 2011 18:43:](#)

a good filter is a **most** !!

. It's the least you can do... and yes it is a **must**.

I hope you didn't make it as a goal to fix all my speeling mistakes..... because there are many

sorry i meant spelling ...that was a bad one

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Re: don't want it don't need it .....

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Posted by mggsbms - 22 Nov 2011 21:28

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[alexeliezer wrote on 22 Nov 2011 16:11:](#)

MG,

Sounds like you're making great progress.

Dumb phones for smart addicts ;D

Shteig on!

Alex

I love that quote, your allways a breath of fresh air, thanks for the chizuk !!

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Re: don't want it don't need it .....

Posted by kidushashem - 22 Nov 2011 22:24

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keep it up!

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Re: don't want it don't need it .....

Posted by mggsbms - 10 Jan 2016 21:03

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[kidushashem wrote:](#)

keep it up!

Still trying. Got to fine tune the techniques.

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