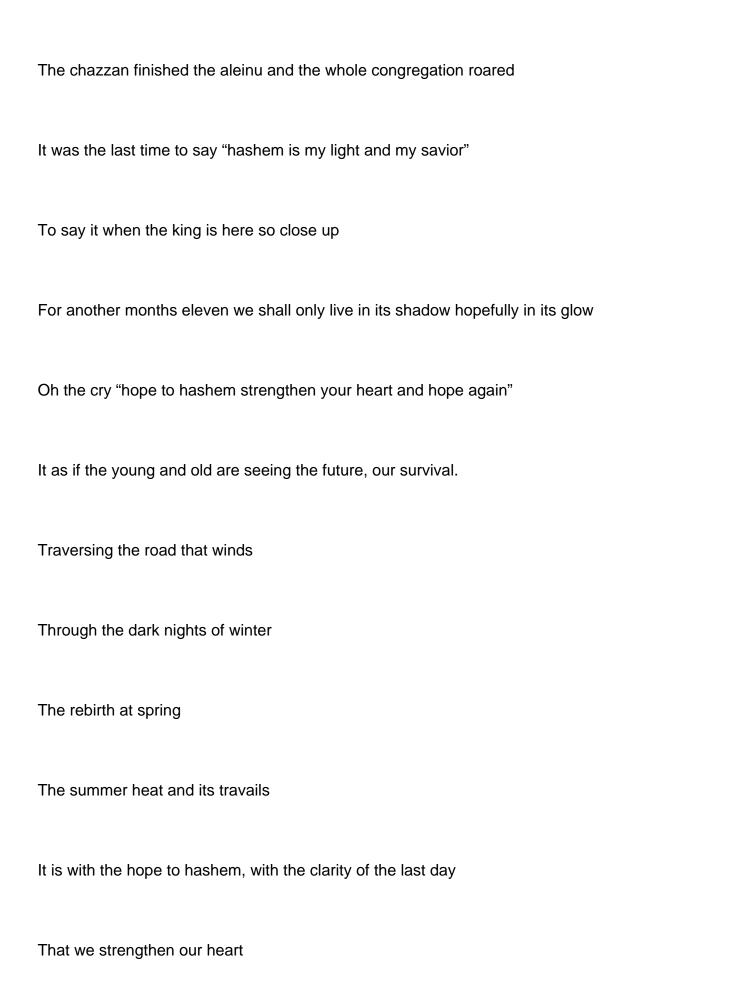
don't want it don't need it Posted by mggsbms - 19 Sep 2011 21:57		
i've been here for some time, ups and downs, twice 120 days and once 90, but i am still falling. i need your help. i so wish i wouldnt have this struggle it is something i so don't want, i just get these cravings and not able to control myself, is it addiction who knows, got to run now hope to be posting more often.		
=======================================		
Re: don't want it don't need it Posted by mggsbms - 28 Oct 2011 17:21		
thanks		
=======================================		
Re: don't want it don't need it Posted by mggsbms - 30 Oct 2011 21:19		
The shul was packed		
I came in as a guest		
Close to four hundred people standing in awe		
It was the last moments of a month with the divine		
The air was electrified, coming in from the street it hit me like a wall		
I wasn't ready being transformed from the mundane to the sublime		



And hope again
=======================================
Re: don't want it don't need it Posted by mggsbms - 06 Nov 2011 06:46
Feeling a lift in the wings b"h, lets hope it continues, it might be the real thing once and for all. will a day come when i will look back at this as somekind of bump in the road? or if i keep on falling i might even look back at these struggles as the good old days when things werent so rough yet. kind of scary when you not in control.
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Re: don't want it don't need it Posted by alexeliezer - 06 Nov 2011 13:51
I look back on my decades of acting out as part of what makes me who I am today. This is my pekl.
====
Re: don't want it don't need it Posted by JackAbbey - 06 Nov 2011 15:07
why not go on a diet and loose those extra pounds that you are shlepping in that pekl
=======================================
Re: don't want it don't need it Posted by mggsbms - 10 Nov 2011 12:27
Day 25, feeling good, but nervous, cause i have been through this before, so lets hope that i

"Alexeliezer" i think i have cant you give it up and pick it up again

GYE - Guard Your Eyes

a good filter is a most !!

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GYE - Guard Your Eyes Generated: 23 June, 2025, 22:44

Re: don't want it don't need it Posted by mggsbms - 22 Nov 2011 01:28		
I had a fall last sunday thats 9 days ago and was able to get right back up using the taphsik method. usualy when i fall i fall again and again, but this time was different. then i had a story with a phone, i needed a new phone so i go to the phone store and come home with what i thought was a simple touch screen, but it was really an android. so first i had to check out if it really is that bad the next morning i returned it and got a even simpler phone, but im still obssessing cause i want a fancier gadget but cant have one cause im an addict.		
=======================================		
Re: don't want it don't need it Posted by alexeliezer - 22 Nov 2011 16:11		
MG,		
Sounds like you're making great progress.		
Dumb phones for smart addicts ;D		
Shteig on!		
Alex		
