

HELLO

Posted by emunah17 - 01 Sep 2011 18:41

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Im jealous of the people who get a zillion replys.I really need help but i dont have the right Qs.Someone has to draw out of me all my problems in order for me to focus.plus i get huge chizuk every time anyone answers me Theres someone who cares about you and willing to help PLEASE HELP, TALK TO ME I FEEL ALONE

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Re: HELLO

Posted by emunah17 - 05 Apr 2012 20:28

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Ur- a- jew Ur- a-genius thanx that helped me alot I dont know why but it made me feel very good thanx.

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Re: HELLO

Posted by ur-a-jew - 10 Apr 2012 23:42

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[quote="E-Tekie" post=135648][man wrote:](#)

What's this? No preview button?

There is a preview button. Three and four to the left of the ebay button. And as Guard pointed out to me you can preview as you type.

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Re: HELLO

Posted by E-Tekie - 11 Apr 2012 07:49

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[geshertzarmeod wrote:](#)

[shteeble wrote:](#)

make sure we get good hi servers here.

SHTEEBS!!!!

they cut you down to 1 post !?!

And if I register under exactly my old name, they'll migrate my posts?

Will they do this automatically on D-Day?

There is a preview button. Three and four to the **RIGHT** of the ebay button. And as Guard pointed out to me you can preview as you type.

But- you can't preview FORMATTING when you type.

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Re: HELLO

Posted by lookingforwisdom - 11 Apr 2012 07:57

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Re: HELLO

Posted by emunah17 - 13 May 2012 16:09

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HEEEELLLLPPPP I am on my 90 day i dont know if its considered falling but i checked things up in the dic. to arouse myself i played kids games but not too nice i dont know i almost acted out but then i heard someone walking in the house and i stopped Hashem saved me but i feel so bad inside im 90 days sort of clean im still depressed nothing changed i still want it as badly as ever i am lost i dont know what to do or to tell myself G-d please help me anyone comfort me .I dont talk with you guys as much as i should i know i could have done better i'll try to be more involved in my own recovery this weekend is my brothers yartzeit He died 4 years ago i couldnt fall asleep last night until 5 in the morning i am just so overwhelmed i really still want to fall i am

a bad boy i do bad things i know i have a neshama that is very special and pure but i covered it with shmutz and i dont think i'll get out while im still in yeshiva cuz i have a hard time there and i dont go on gye cuz "I need time to chill" so i use my time watching and playing and not doing anything about anything. Last night i let myself in a home alone with internet access why? how could I let myself do that i just wish i could die and all my craziness goes away

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Re: HELLO

Posted by Shteeble - 13 May 2012 16:20

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I hear you.

It sounds like things are really tough at the moment.

Stay here with us. Keep us posted. We're rooting for u.

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Re: HELLO

Posted by tehillimzugger - 13 May 2012 17:13

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ditto on shteeble's words

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Re: HELLO

Posted by obormottel - 13 May 2012 17:49

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Thank you for pouring your heart out here, Emuna. That in itself should be theraputic. What mighty warrior you are, to stay sober under all these difficult circumstances.

Keep at it one day at a time.

Mottel

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Re: HELLO

Posted by Eye.nonymous - 14 May 2012 06:01

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Just keep on posting.

Not only when you feel you're in trouble.

Check in every day, no matter what's going on. Even just to say, "hi."

--Elyah

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Re: HELLO

Posted by Shteeble - 14 May 2012 15:25

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now we're talking.

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Re: HELLO

Posted by alexeliezer - 14 May 2012 15:44

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The urges don't magically go away after you pass 90 days.

But hopefully you've learned some new habits. New ways to quickly respond when your sobriety is challenged.

As an addict, my brain has been permanently altered by a life of incessant lusting.

90 days of sobriety hasn't changed that. Three consecutive years of sobriety hasn't changed that.

It's easier, only because I've learned to stay farther and farther from lust. That's what I'm better at; staying away from it altogether.

If I were to face it head on, I would be no stronger than I was on day one. And I'll have to take my word for it, cuz I'm not going to try it.

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Re: HELLO

Posted by Dov - 14 May 2012 16:14

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Ditto.

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Re: HELLO

Posted by emunah17 - 15 May 2012 03:18

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I would love to be on here more often but thank G-d I dont have internet access all the time whenever I do like on weekends I'll try to check in

Shalom everyone

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Re: HELLO

Posted by Eye.nonymous - 15 May 2012 21:02

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If you can't stay in touch through the forum, maybe get a few phone numbers.

--Elyah

thanx guys i feel better today

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