

HELLO

Posted by emunah17 - 01 Sep 2011 18:41

Im jealous of the people who get a zillion replys.I really need help but i dont have the right Qs.Someone has to draw out of me all my problems in order for me to focus.plus i get huge chizuk every time anyone answers me Theres someone who cares about you and willing to help PLEASE HELP, TALK TO ME I FEEL ALONE

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Re: HELLO

Posted by emunah17 - 01 Jan 2012 00:39

Hi im a guy but im almost crying i feel so loved i never feel succesful unless im onto some p**n thanx so much everyone

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Re: HELLO

Posted by Shteeble - 01 Jan 2012 03:08

Keep posting here.

Keep out of isolation and loneliness.

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Re: HELLO

Posted by NeiroYair - 04 Jan 2012 04:47

Emunah, I see you are an avid poster. I just started here, but you seem to be a hero member! Our rabbis tell us that when we are struggling with something, the best thing to do is speak it out. I JUST (within the last 26 hours) was at a shiur where the Rabbi said that. So, there you have it, Mr. Emunah himself, following the advice of the Rabbis. Feels real true and good, don't it?!.....

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Re: HELLO

Posted by emunah17 - 06 Jan 2012 17:41

One of the best feelings in the world to get it off your chest

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Re: HELLO

Posted by NeiroYair - 06 Jan 2012 17:55

You betchya! I'm quieter by nature, so I struggle getting things off my chest, but the truth is, you have to.

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Re: HELLO

Posted by blackbigday - 06 Jan 2012 20:10

Emunah,

What is stressing you out so much?

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Re: HELLO

Posted by emunah17 - 08 Jan 2012 02:04

well i have general anxiety disorder basically i am always nervous and plus my father is a compulsive gambler and my parents got divorced last year i miss my father and a lot has been going on but i take things in stride and i deal with them one at a time one day at a time.what im most stressed out about is when will all this ever end am i ever going to be at peace again.

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Re: HELLO

Posted by chaimyakov - 08 Jan 2012 15:27

You hit another chord with me. My father, A"H, was a compulsive gambler too. He was 10 years sober before he was niftar. Is your father in recovery yet?

Hatzlacha in all things GOOD.

chaimyakov

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Re: HELLO

Posted by emunah17 - 10 Jan 2012 19:08

:)CY you made me feel great i thought i was the only one to have that problem too, sorry to hear it though.Boruch Hashem My Father is in recovery but my parents got divorced cuz of it and its is a really slow process.I'm Trying to Let go and let G-d especially when it comes to my father cuz it distracts me and i use it as an excuse to do bad things hatzlachah2 u 2

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Re: HELLO

Posted by emunah17 - 10 Jan 2012 19:13

;D CY Ijust saw that u are 71 days clean mazal tov on each day

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Re: HELLO

Posted by chaimyakov - 10 Jan 2012 20:43

Last night was my first SA meeting. When they asked if i knew anything about 12 step programs, i just smiled, thought of my father, and said " a little".

Thanks for the Mazal Tov, it belongs to Hashem first and Guard and this forum second and me last.

Hatzlacha in all things GOOD.

chaimyakov

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Re: HELLO

Posted by Yossi.L. - 10 Jan 2012 22:24

Emunah,

It's amazing that after being through what you have, you still seem to have the ability to express yourself coherently. It's a huge bracha. Most addicts, like myself, struggle mightily to try to feel, understand, and express ourself appropriately.

Yossi

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Re: HELLO

Posted by emunah17 - 15 Jan 2012 04:10

Thanx cy how about becoming partners im looking for one who will do the twelve steps with me

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Re: HELLO

Posted by chaimyakov - 17 Jan 2012 01:16

How do we begin?

chaimyakov

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